

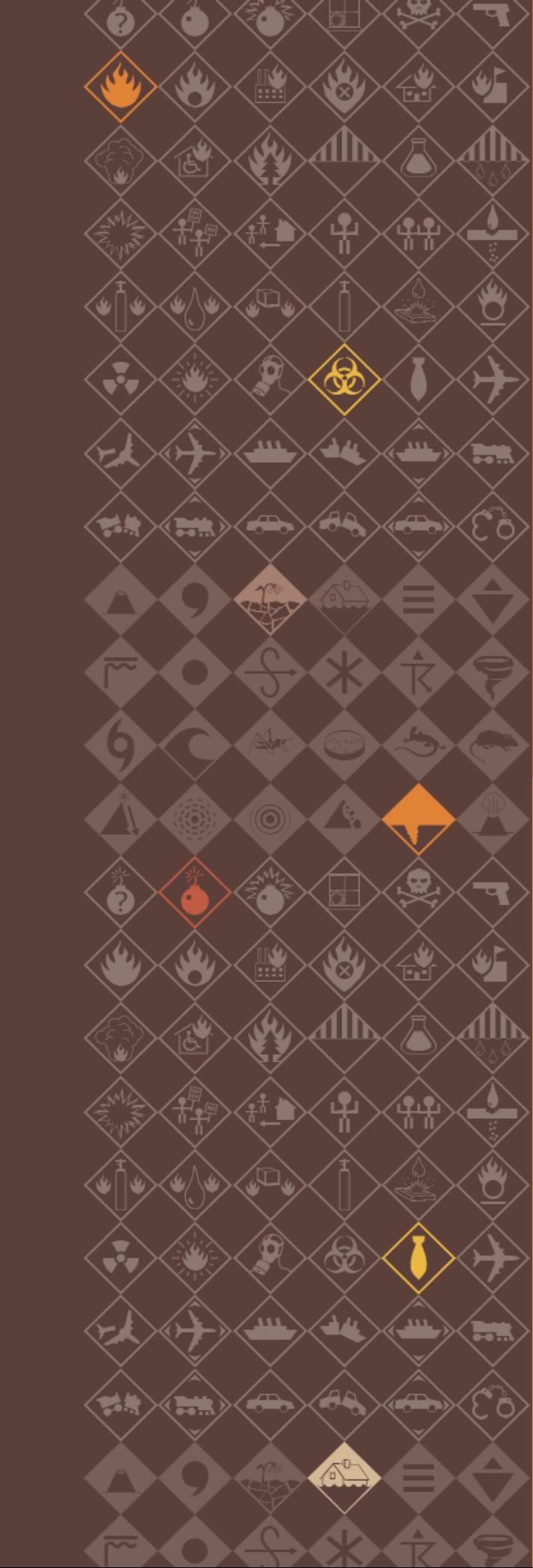
COUNTY OF SANTA CRUZ

EMERGENCY

SURVIVAL

GUIDE





SURVIVAL GUIDE

As a resident of one of the five districts in Santa Cruz County, you are an important part of emergency planning and preparedness. This Guide will help you to better prepare for, respond to, and recover from disasters that face Santa Cruz County. Our goal is to provide tips that assist you to be self-sufficient after a disaster. In addition to this Guide, we recommend that you increase your awareness of emergency situations and the skills you need to prepare your family, neighbors, and your community. Become Community Emergency Response Team (CERT) qualified and join a local CERT Disaster Response Team. CERT Teams strengthen the ability of our communities to quickly recover after major disasters.

This guide is a starting point. For more information on preparing for disasters, please visit the Santa Cruz County Office of Emergency Services (OES) website at <http://sccounty01.co.santa-cruz.ca.us/oes/oesmain1.htm>.

You may also visit the Santa Cruz County Public Health Department's Emergency Preparation website at <http://www.santacruzhealth.org/phealth/emergprep/3howtoprepare.htm>

The Board of Supervisors governs the Santa Cruz County unincorporated area and is the executive and legislative governing body of the County of Santa Cruz. In its executive role, the Board sets priorities and policies for the overall operations of various County departments, approves the County budget, and appropriates and spends money on County programs. The current members of the Board can be found at <http://www.co.santa-cruz.ca.us/Government/BoardofSupervisors.aspx>. If you aren't sure which Supervisor represents your area, please go to <http://www.co.santa-cruz.ca.us/ele/lookup/>.

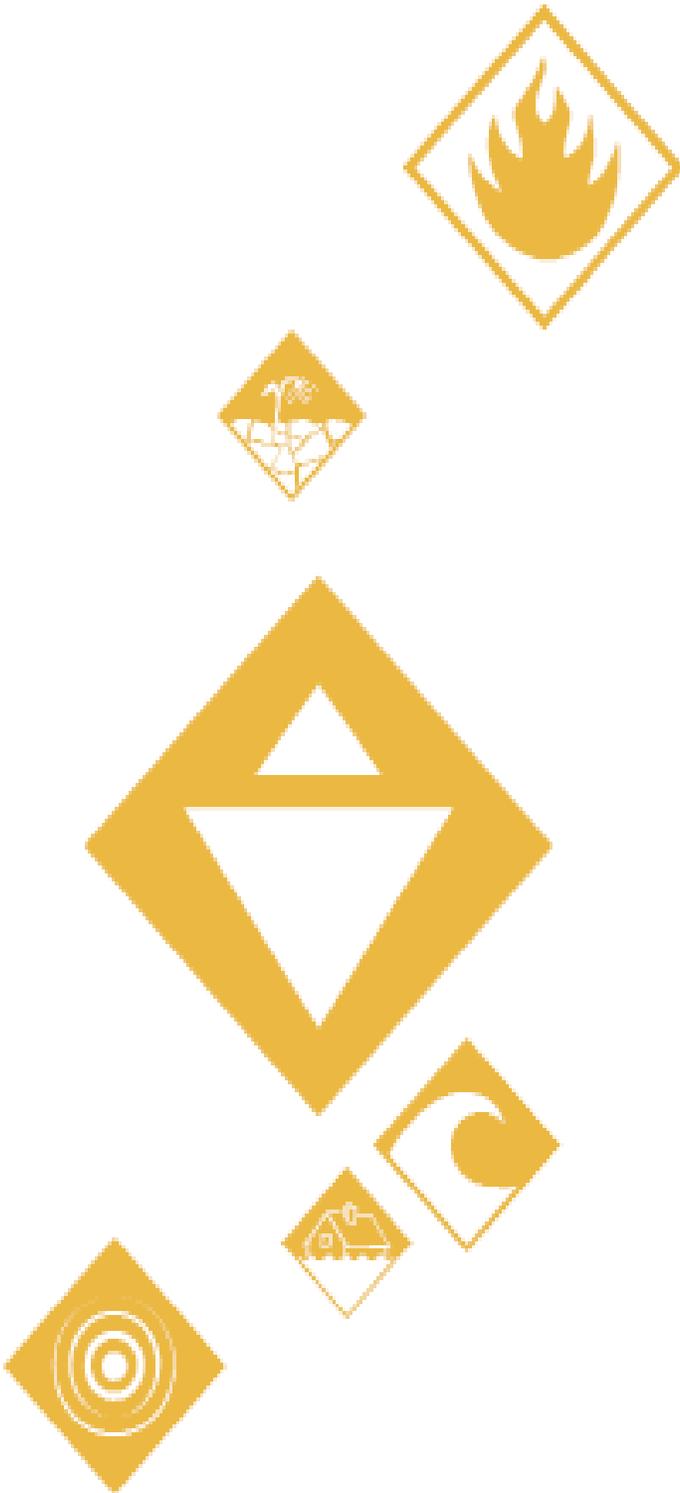
IN SANTA CRUZ COUNTY

The County of Santa Cruz is subject to various destructive emergencies, including earthquakes, floods, tsunamis, wildfires, landslides, drought, coastal erosion, pandemics, hazardous material releases, terrorism, and civil unrest. Natural hazards that have affected Santa Cruz in the past and those that may affect it in the future can be identified with a high degree of probability. Flooding, earthquakes, and cliff retreat have all occurred in the county within the past thirty-five years. The county is prone to reoccurring droughts and will periodically witness flood conditions. Until 1989, flooding on the San Lorenzo River had caused the most severe damage in the City of Santa Cruz. However, the Loma Prieta earthquake changed that history.

On October 17, 1989, the Loma Prieta earthquake, the largest earthquake to hit an urban area in California since the 1906 San Francisco earthquake, struck the County of Santa Cruz. The earthquake destroyed 674 dwellings, 32 mobile homes and 310 businesses within the county and the State Office of Emergency Services estimated monetary damages to residential buildings at \$176 million and \$98 million to commercial structures. Experts believe that an earthquake equal to or larger than the Loma Prieta earthquake will occur within the next 100 years.

While we cannot predict or protect ourselves against every possible hazard that may strike the community, we can anticipate many impacts and take steps to avoid or reduce the harm they will cause. Emergency situations become disasters when they overwhelm the resources here to protect our community. In a disaster, County departments will do everything possible to provide assistance to residents. However, large disasters may completely overwhelm our responders with multiple incidents and competing public safety needs.

This Guide is intended to help you and your family to survive and recover after a major disaster. Become familiar with the tips and the resources provided in this Guide and take steps to keep your family safe.



Survival Guide.....1

Responding to Disasters in Santa Cruz County.....2

Table of Contents3

In Case of Emergency5

FOUR STEPS TO PREPAREDNESS6

1. HAVE A PLAN.....7

 Family Emergency Plan7

 Household Communication Plan.....8

 Emergency and Out-of-State Contact Information.....9

 Fire Escape Plan10

 Individuals in Need of Special Assistance13

 Evacuations.....14

 Evacuation Checklist.....15

 School Safety.....16

 School Closures.....17

 Business Preparedness.....18

 Preparing Your Congregation for Disaster.....19

 Planning for Water20

 Utilities21

 Gas Shut Off.....21

 Electricity and Water Shut Off.....22

 Animal Preparedness.....25

 Dogs, Cats and Other Small Animals.....25

 Horses and Large Animals26

 Risks to Animals After Disaster.....27

 Large Animal Shelter-In-Place.....28

2. KEEP SUPPLIES31

 Disaster Supply Kits.....31

 Essential Emergency Supplies.....32

 Sources of Drinking Water.....35

 Pet Disaster Supply Checklist36

 Horse and Large Animal Disaster Supply Checklist.....37

3. STAY INFORMED.....38

4. GET INVOLVED.....	40
Neighborhood Networks	40
Community Emergency Response Teams.....	41
WHEN DISASTER STRIKES.....	43
Assess	44
Find Shelter	45
Be Safe.....	46
Get Help.....	49
Begin Recovery	51
HAZARDS	54
Wildland Fires	54
Storms, Floods and Mudslides	58
Earthquakes	62
Tsunamis.....	65
Pandemic Flu.....	70
Hazardous and Chemical Materials.....	73
Terrorism	76
BASIC FIRST AID	78
Choking	79
Head, Back and/or Neck Injuries.....	79
Shock and Controlling Bleeding	80
Applying a Sling to an Arm or Shoulder.....	81
GLOSSARY	82

For questions, assistance, or to find more information about resources in Santa Cruz County, call **211** or visit <http://www.211california.org/>

EMERGENCY

You may be the first person to spot an emergency and be in a position to notify authorities. This is best done through the 911 system, preferably using a landline (such as a home or office telephone) so your location is accurately recorded.

Never assume that someone else has called 911 when you see an emergency. In fact, the more people who call 911 to report an emergency, the better. Each call received may provide more information than the previous call.

In an emergency, large numbers of 911 calls from cellular telephones may cause significant delays when trying to reach a 911 operator.

Cellular calls do not always capture your location. When reporting an emergency on a cellular telephone:

- Give your cellular telephone number to the 911 operator immediately in case the call is dropped or lost
- When asked for your location, report the location where the incident occurred

In an emergency, Santa Cruz County may utilize the **reverse 911 system** to contact you and your neighbors.

If you do not use a landline, it is important that you register your cell phone for the reverse 911 service.

Visit <http://www.sccecc.org/> to register your cell phone.



In case of emergency
DIAL 9-1-1

FOUR STEPS TO PREPAREDNESS

Are you prepared to survive a major earthquake, tsunami, fire, flood, act of terrorism or other disaster? The time to start thinking about what to do in an emergency is before it happens. By following some simple guidelines, you can help your family, neighborhood, business or school be better prepared for and self-sufficient after the next disaster.

The County of Santa Cruz maintains formal disaster plans designed to coordinate emergency services provided by county, state, federal, and volunteer agencies. Every effort will be made to preserve basic services to residents of the County, but survival during a disaster depends on individual and family preparedness.

1. HAVE A PLAN

Beginning on Page 12



2. KEEP SUPPLIES

Beginning on Page 36



3. STAY INFORMED

Beginning on Page 43



4. GET INVOLVED

Beginning on Page 45



FAMILY EMERGENCY PLAN

A good place to begin emergency preparedness is by writing a Family Emergency Plan. Your Plan should include every member of your household – including pets!

10 ESSENTIAL Actions



1

Learn the threats in your area

2

Identify meeting places

- Outside your home
- Outside your neighborhood

3

Select your out-of-state contact

4

Know your evacuation routes

- Exits and alternate ways to leave home

5

Know the location of utility shut-offs

- Water
- Gas
- Electricity

6

Know the emergency policies of schools and adult-care centers

- Emergency shelter/supplies
- Transportation

7

Identify safe spots in each room to take cover, if needed

- Under sturdy tables and desks
- Against interior walls

8

Extra medications

9

Make special provisions for

- Children
- Seniors
- Pets
- People with disabilities
- Non-English speaking

10

Schedule annual disaster drills

EMERGENCY INFORMATION

Contacts	Name	Phone Number
Local personal emergency contact		
Hospitals near: Work		
School		
Home		
Family physician(s)		
Employer contact and emergency information		
School contact and emergency information		
Religious/spiritual organization		

OUT-OF-STATE EMERGENCY CONTACT INFORMATION

Primary Contact	Secondary Contact
Name	Name
Address	Address
Business Phone	Business Phone
Home Phone	Home Phone
Cell Phone	Cell Phone
Email Address	Email Address

The background of the page features a close-up of a smoke detector on a textured wall on the left, and a blurred image of a fire on the right. Overlaid on this is a diagram of a house's floor plan, represented by several interconnected diamond shapes in various colors (yellow, orange, red).

FIRE ESCAPE PLAN

1. Sit down with your family and make a step-by-step plan for escaping from your home during a fire. Draw a diagram of your home.
2. Plan two ways out of every room, especially the bedrooms
3. Make sure everyone can unlock all locks and open all windows and doors quickly
4. Ensure that safety bars contain the proper device so that in an emergency, they may be easily unlocked
5. If you must escape from a second-story window, be sure you have a safe way to reach the ground. Make special arrangements for small children and people with disabilities.

For more information to help you prepare for fires, visit:
<http://www.ready.gov/america/beinformed/wildfires.html>

DIAGRAM ESCAPE ROUTES FROM YOUR HOME

A large grid for diagramming escape routes from a home. The grid is composed of 15 columns and 20 rows of squares. The top row is partially obscured by a dark brown header box containing the text 'DIAGRAM ESCAPE ROUTES FROM YOUR HOME'. The grid is intended for drawing a floor plan and marking escape routes.

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INDIVIDUALS IN NEED OF SPECIAL ASSISTANCE

Be sure that your Family Emergency Plan includes the needs of all members of your household. Consider forming a neighborhood network to assist in times of emergency. Individuals in need of special support may include:

- Elderly
- Casual workers
- Pregnant women or parents with newborns
- Homebound individuals
- Non-English-speaking individuals
- Post-surgery patients
 - Individuals with no access to transport
 - People with special dietary needs

All individuals in need of special support should interpret an Evacuation Warning as an Evacuation Order and make arrangements to leave the impacted area immediately.

When considering how to prepare for emergencies, think about the people in your neighborhood and how you can work together. The first people to assist in an emergency are often your neighbors, friends and co-workers.

NEIGHBORS,
not professional first responders,
typically perform **70%** of all
rescues in major disasters.



For more information on building emergency plans for people with disabilities, visit:
<http://www.ready.gov/america/getakit/disabled.html>

EVACUATIONS

An **Evacuation Warning**

or Voluntary Evacuation, means that it is time to prepare to leave your home and the area. Gather your family, pets, basic needs and important paperwork and listen for instructions from emergency responders. If you have special medical needs or have limited mobility, you should prepare to leave the area when an Evacuation Warning is issued. Those with horses or large animals should also begin to evacuate.

An **Evacuation Order**

or Mandatory Evacuation, is a directive from the Departments of Sheriff or Fire to leave your home or business immediately. Failure to follow an Evacuation Order may result in endangerment to the lives of others, personal injury, or death. Once you have left the area you will not be able to return until the Order has been lifted.

An **Evacuation Shelter**

may be set up by the Red Cross at the request of the County if an area must be evacuated for an extended amount of time. The location for an evacuation shelter will be announced by local officials, once a safety assessment is complete and the shelter is ready to accept those affected by the evacuation.

Shelter-in-Place

means the best place to be safe is indoors. If authorities advise you to shelter-in-place you should turn off air-conditioner and fan units, seal the gaps around windows and doors and listen to the radio for authorities to announce the threat has passed. Do not venture out of your shelter area until you are instructed that it is safe to do so.

FLASH FLOODS

A flash flood **WATCH** means flash flooding is possible in your area.

A flash flood **WARNING** means a flash flood is occurring or will occur very soon.

If you evacuate, remember to leave information inside your home so others know where you are planning to go. Be sure to include your out-of-area contact information.

For more information to help you prepare for flood hazards, visit: <http://www.ready.gov/america/beinformed/floods.html>

EVACUATION CHECKLIST

10 ESSENTIAL Items

1

Emergency Supply Kit

2

Out-of-State Contact List

3

Cash and Credit Cards

4

Important Documents

- Social Security card
- Drivers License
- Passport
- Medical card and records
- Insurance information

5

Change of Clothing

- For each family member

6

Personal Hygiene Items

- Toothbrush & Toothpaste
- Shampoo & Soap
- Lotion
- Deodorant
- Facial and Toilet Tissue

8

Baby Items

- Diapers
- Formula
- Food
- Change of clothing

7

Family Photos

9

Special Needs Items

- Wheelchair, Canes & Walkers
- Medications
- Hearing Aids & extra batteries

10

Pet Care Items

- Identification & Immunization Records
- Carrier or Cage
- Muzzle and Leash
- Food & Water



SCHOOL SAFETY

If you have children attending school in Santa Cruz County, it is important that you obtain a copy of the school's disaster plan and include it in your Family Emergency Plan. The most common school disasters include fires, earthquakes, crimes, bomb threats, and severe weather. The school's disaster plan should answer the following questions:

WHO SHOULD I CALL TO KEEP UPDATED ON THE STATUS OF MY CHILD?

Name _____

Phone _____

- | YES | NO | |
|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | Will my child be sheltered in place during a wildland fire or other emergency? |
| <input type="checkbox"/> | <input type="checkbox"/> | If so, do I know what precautions my school has taken to ensure my child's safety? |
| <input type="checkbox"/> | <input type="checkbox"/> | Does the school maintain a parent-provided disaster supply kit for my child? |
| <input type="checkbox"/> | <input type="checkbox"/> | If so, have I recently updated it so it is current? |
| <input type="checkbox"/> | <input type="checkbox"/> | Does the school have adequate emergency supplies on hand to care for my child? |
| <input type="checkbox"/> | <input type="checkbox"/> | Will I be able to pick up my child, or send someone else to pick up my child? |
| <input type="checkbox"/> | <input type="checkbox"/> | Will my child be evacuated? |
| <input type="checkbox"/> | <input type="checkbox"/> | If so, do I know to what location my child might be evacuated? |
| <input type="checkbox"/> | <input type="checkbox"/> | If my child needs special medications, can a short-term supply of these medications be kept at the school nurse's office for use during any emergency? |
| <input type="checkbox"/> | <input type="checkbox"/> | Is your child's emergency contact school information up-to-date? |



PUBLIC SCHOOL CLOSURES



Before School Has Begun for the Day

If one or all schools cannot open due to unsafe road conditions or other reasons, district superintendents will declare a school closure and the school will notify local radio stations to announce planned closures. If conditions allow, district personnel including custodians, maintenance, and office staff will report to work as usual.

Once School Has Begun

Once school has started for the day, students will remain until the regular dismissal hour or until students are checked-out by an adult listed on their emergency card. During bad weather, principals or other school representatives will remain on campus until all students have been picked up from school.

Transport coordinators for the school will notify the principal and superintendent if road conditions in the area mean that students cannot safely leave. If an earthquake or other disaster prevents parents or guardians from picking up students when school is over, students will be sheltered at the school. Schools plan for extended stays by keeping food and other supplies for students and staff onsite.

School Evacuation

If an individual school must be evacuated due to flooding, fire, or destruction of facilities, students will be evacuated by school bus or other means to another district school site. Parents and guardians will be notified through local radio station announcements about evacuations and transfer sites where they can pick up students.

TIP: In an emergency, do not call the school or your child directly. Rely on official communications from school and public safety officials. These will be made through KSCO radio (1080 AM), in Spanish on Estereo Sol (99.1 FM), or through school websites.

STEPS FOR A WORKPLACE

EXAMPLES

<p>1</p> <p>Recognize potential hazards and how they can impact your business operations.</p>	<ul style="list-style-type: none"> • Earthquake • Fire • Power Outage • Flood • Water Damage • Theft • Security Risk
<p>2</p> <p>Begin to prepare a disaster and continuity plan.</p>	<ul style="list-style-type: none"> • Emergency Contact list • Key Contacts • Vital Records • Critical equipment • Identify alternate work locations
<p>3</p> <p>Stockpile supplies, encourage employees to keep emergency supplies at work.</p>	<ul style="list-style-type: none"> • First Aid • Food • Water • Lighting • Communications • Tools • Hygiene & Sanitation
<p>4</p> <p>Identify steps you can take to mitigate potential building damage.</p>	<ul style="list-style-type: none"> • Talk to building owner • Request safety inspections • Consult Fire Marshal
<p>5</p> <p>Practice Drop, Cover and Hold On!</p>	<ul style="list-style-type: none"> • Under desk • Under a table • Away from windows • Stay low • Cover neck and head
<p>6</p> <p>Once the danger has passed first check for injured people then look for serious damages to your building.</p>	<ul style="list-style-type: none"> • Address life safety issues • Address outer building safety • Address internal building safety • Perform more detailed building assessment • Have a meeting place
<p>7</p> <p>Use your plan to resume business operations.</p>	<ul style="list-style-type: none"> • Complete a detailed assessment of your vulnerability to hazards • Communicate with employees and customers about your plan • Find the resources you need to recover in your community • Refine your Disaster Plan with Best Practices

PREPARING YOUR CONGREGATION FOR DISASTER

Ensure your place of worship has an updated emergency plan. Decide how your place of worship will respond in a major disaster and provide training to your worship community to help you carry out your plans.

- Identify potential hazards and threats
- Prepare your buildings for a disaster
- Plan for building evacuations
- Train staff in disaster readiness and response
- Prepare to help your congregation after a disaster
- Prepare to help other members of your community
- Set up telephone calling trees
- Appoint leaders to groups of members to keep the place of worship informed of needs

For more information on preparedness and for assistance making an emergency plan, visit:

<http://www.ready.gov/america/makeaplan/index.html>



PLANNING FOR WATER

To prepare safest and most reliable emergency supply of water, it is recommended you purchase commercially bottled water. Keep bottled water in its original container and do not open it until you need to use it. Be sure to notice the expiration or “use by” date.

- A normally active person needs to drink at least two quarts of water each day. Children, nursing mothers, and others may need more.
- Very hot temperatures can double the amount of water needed.
- Store at least one gallon per person per day, for drinking and cooking.
- Store water in thoroughly washed plastic, glass, or enamel-lined metal containers.

Recycle self-stored water every six months.

Recycle commercially bottled water every 12 months.

WARNING

The water stored in water heaters is **VERY HOT**. Take precautions to avoid injury!

More information on storing water and food is available free of charge at:

<http://www.ready.gov/america/getakit/index.html>

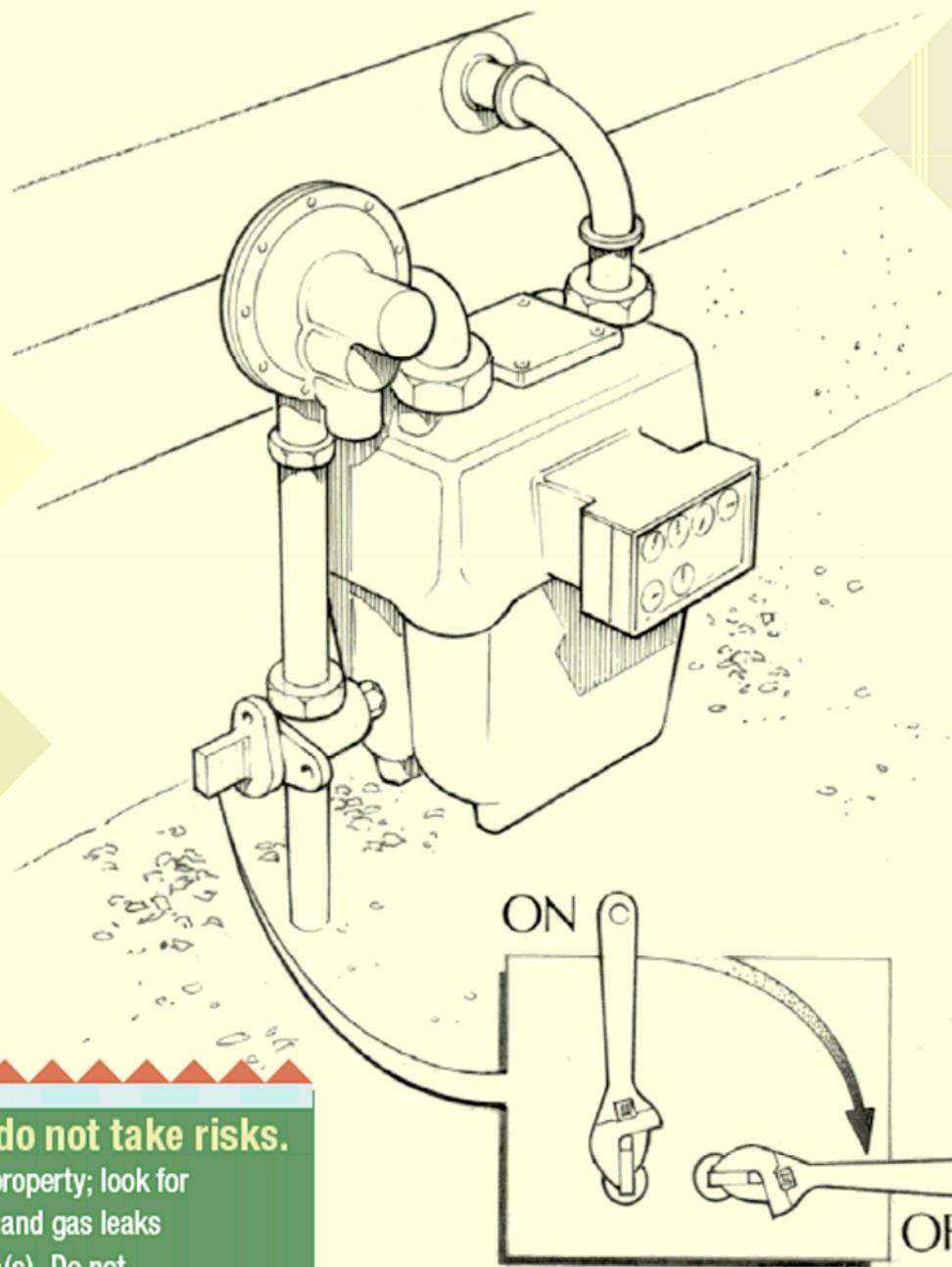
TIP

Your hot water heater can be a source of water.

Turn off the power that heats the tank and let it cool.

When you want water, place a container underneath and open the drain valve on the bottom of the tank.





Think **SAFETY** and do not take risks.

Walk carefully around your property; look for downed power wires, water and gas leaks and damage to the structure(s). Do not enter severely damaged buildings, especially alone. Wait for help and use safety gear.

GAS SHUT OFF

Learn the location of your gas meter and how to shut off the supply valve. Do not shut off the gas supply valve unless you smell or hear gas leaking. If you have "Natural Gas" (a line from the street) the main shut-off valve is located next to your meter on the inlet pipe. Use a wrench and carefully give it a quarter turn in either direction so that the bar runs crosswise on the pipe. The line is now closed. Shut off valves covered with paint should be tapped gently to break the seal; forcing the valve can break it. If you have propane (gas in a tank), turn off the main gas supply valve if it is safe to do so. To close the valve turn it to the right (clockwise).

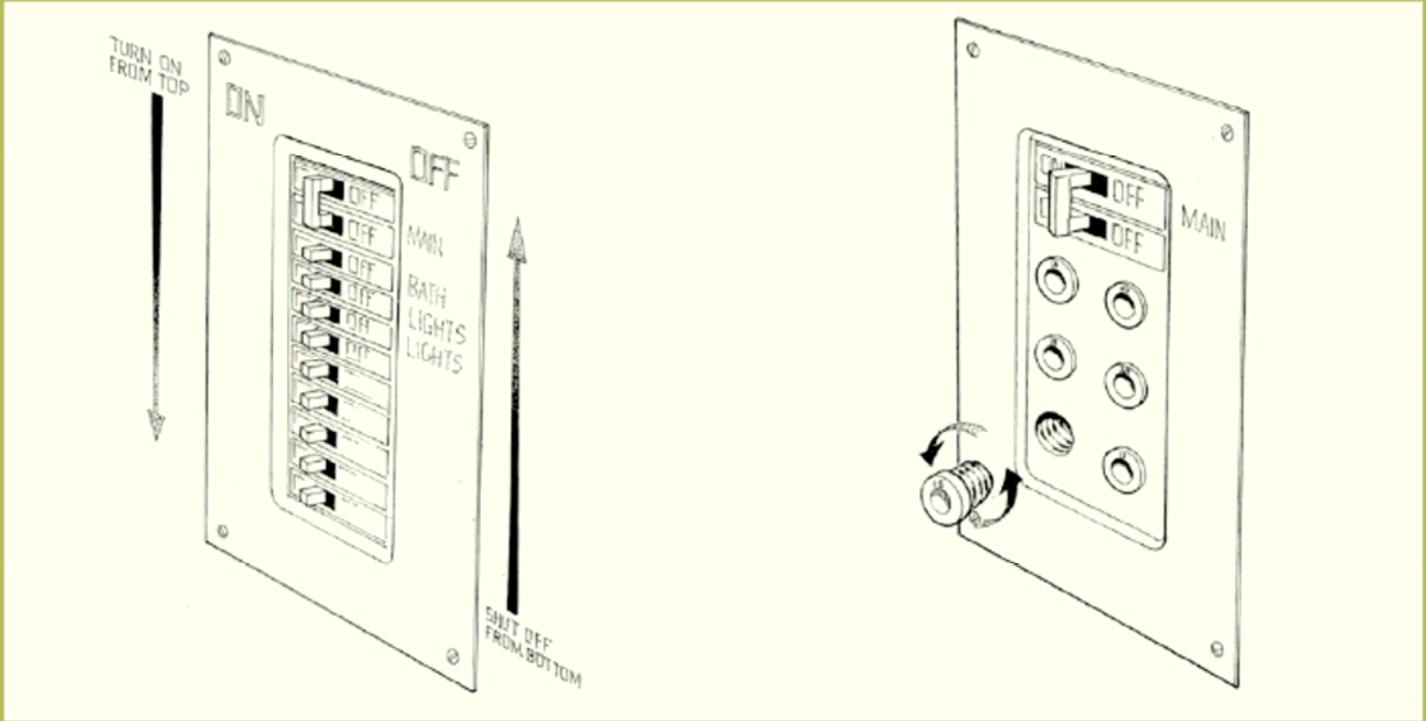
UTILITIES



ELECTRICITY SHUT OFF

Every responsible member of your household should know where your electrical switch box is and which switch controls power to your home. This switch may be found on the circuit breaker panel or it may be separately located near the meter.

Remember - do not operate any electrical switches if a gas leak is suspected. To shut off the electricity to your home, turn off individual breakers first, then the main switch. To turn back on, turn on the main switch first, then individual breakers.



WATER SHUT OFF

The water shut off valve is found where the water supply enters the house. Check with your water company to determine if a special tool is needed to turn the valve. Consider installing a turn off valve near your home to help with leaks or burst pipes inside. Water is essential for survival but in an emergency, may be limited or unavailable. Properly stored water is the most important part of your emergency plan.

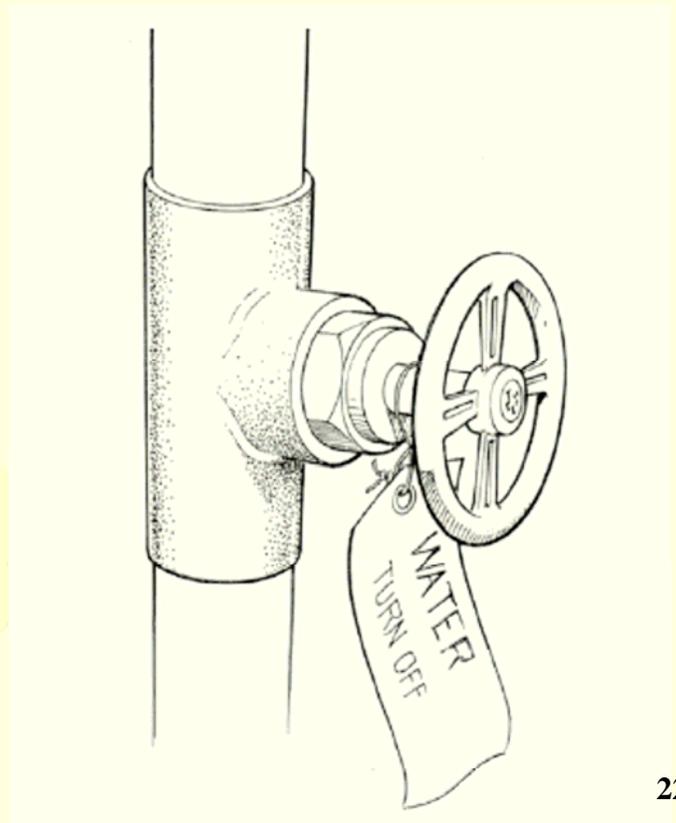


DIAGRAM THE LOCATION OF YOUR UTILITY SHUT-OFF VALVES; INCLUDE WATER, ELECTRICAL AND GAS.

A large grid of graph paper for diagramming utility shut-off valves. The grid is composed of 14 columns and 20 rows of squares. The top two rows of the grid are partially obscured by a dark brown banner containing the instruction: "DIAGRAM THE LOCATION OF YOUR UTILITY SHUT-OFF VALVES; INCLUDE WATER, ELECTRICAL AND GAS." The banner has a decorative, scalloped bottom edge. The grid is intended for drawing a floor plan and marking the locations of water, electrical, and gas shut-off valves.

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Identification microchips are highly recommended for all pets. Contact your veterinarian for more information on microchipping services.

ANIMAL PREPAREDNESS

Dogs, Cats and Other Small Animals

Whether you are away from home for a day or a week, you'll need essential supplies for your pets. Keep items in an accessible place and store them in sturdy containers that can be carried easily (duffel bags, covered trash containers, etc.). Keep non-expired medications and food ready at all times. Be Sure All Your Pets are Clearly Identified

- Be sure all dogs and cats are wearing collars with securely fastened current identification.
- Attach the telephone phone number and address of your temporary shelter to their collar.
- If you have not identified a temporary shelter, include the name and numbers of a friend or relative well outside the impacted area.

Most disaster shelters cannot accept pets because of health and safety regulations. Service animals for people with disabilities are an exception. In a large-scale disaster, the Santa Cruz County Animal Services Authority will work to set up animal shelters in close proximity to "human" shelters in areas where the evacuation of neighborhood residents is necessary.



TIP Register your pet's microchip and keep the phone number of the data carrier with your important evacuation papers.

HORSES AND LARGE ANIMALS

Emergency preparedness is important for all animals, but preparedness for horses and large animals is especially important because of their size and special transportation needs.

Horses should be evacuated as soon as an EVACUATION WARNING is issued. Do not wait for the EVACUATION ORDER. If you are unprepared or wait until the last minute, you may need to leave your animals behind. Consider these tips as you prepare your evacuation plan:

ANIMAL EVACUATION PLAN

- Before the emergency, make arrangements to shelter your animals at two different locations far apart from each other.
- If you have large animals, evacuate when you hear the EVACUATION WARNING.
- Train horses to lead and trailer so that they become comfortable with the process.
- Keep your truck and trailer in safe, working condition (gas tank full). If you don't have a truck and trailer, make arrangements in advance to have someone evacuate your animals.
- Know who is evacuating your animals. Be sure to exchange phone numbers, California Drivers License numbers and other relevant information with the person evacuating your horse. Know where your animals will be taken.
- Network with your neighbors prior to an emergency. Work together to help horse/pet owners on your street who do not have horse trailers or who are not home during an emergency.



The County of Santa Cruz has an Emergency Response Program that includes animal control officers and volunteers trained to deal with large animals during an emergency.

If your property is under a mandatory or advisory evacuation order, call the Santa Cruz County Animal Services Authority at **831-454-7303 #1**.

If they are not available, call 911 to activate the Santa Cruz County Equine Evacuation Unit.

Visit www.equineevac.org for more information on equine evacuation.

TIP Mount fire extinguishers near barn entrances and around stables for easy access in the event of a barn fire. Store hay outside the barn in a dry covered area when possible.



RISKS TO ANIMALS AFTER THE DISASTER

Risks to animals after a fire include burned or cut paws, eating or inhaling toxic substances or residues, escaping because of downed fences or other damage, loss of shelter and shade, and a lack of water supply, power supply, and other services. Similar risks will be present after an earthquake or other disaster.

After the crisis has passed, it may be some time before you can return to your home. Even if your house is intact and you are allowed to return, the area may not be safe for your pets. Anticipate visits from inspectors and workers and make arrangements to provide your pet with a secure place where they will be safe and out of harms way.

Keep in mind that when animals return to a changed landscape, they will be upset, disoriented, and easily stressed. Try to be calm and follow normal routines whenever possible.



LARGE ANIMAL SHELTER-IN-PLACE

Shelter-in-place means providing optimum shelter on your property for your horses/livestock if you cannot evacuate. We do not endorse the Shelter-in-Place strategy for large animals.

If you **MUST** shelter in place:

- **DO NOT TURN HORSES LOOSE** – they may return home to a burning barn. Loose horses also cause serious problems for first responders.
- Maintain adequate clearance – the County Fire Department now recommends 200 ft. clearance around your property.
- Turn horses into arena with sufficient brush and tree clearance – Your horse corral should be made with metal pipes, not PVC or wood.

Consider having the following items near the horse corral:

- Fire hose(s)
- Generator
- Multiple shovels placed strategically around property, axe, hoe, rake, broom, etc.
- Multiple ladders extended and placed at both ends of house and ready for use near the barn
- Portable AM/FM radio with spare batteries
- Hand-held FRS radios (walkie-talkies) and hand held scanner with spare batteries
- Masks, goggles, heavy working gloves and bandanas
- Use leather halters not nylon



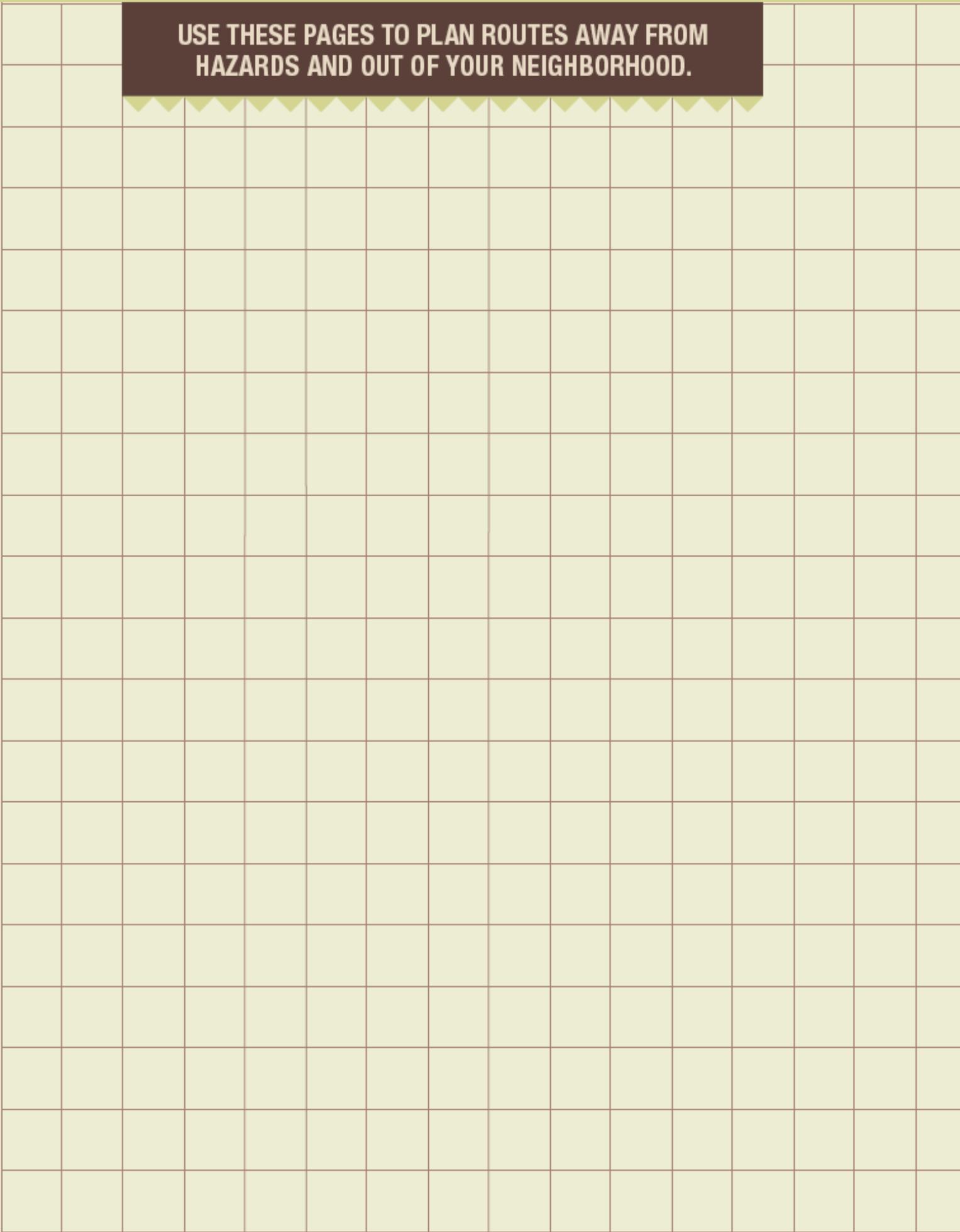
TIP

Post important addresses & telephone numbers by your telephones in the house and in the barn.

USE THESE PAGES TO PLAN ROUTES AWAY FROM HAZARDS AND OUT OF YOUR NEIGHBORHOOD.

A large grid of graph paper for planning escape routes. The grid consists of 15 columns and 20 rows of squares. The top portion of the grid is partially obscured by a dark brown banner with white text. The banner has a decorative, scalloped bottom edge. The grid is intended for drawing and marking escape routes.

USE THESE PAGES TO PLAN ROUTES AWAY FROM HAZARDS AND OUT OF YOUR NEIGHBORHOOD.



DISASTER SUPPLY KITS

Purchase a NOAA Weather Radio for All Hazards, set it up and learn how to use it. Determine in advance how you will stay informed about the latest flood and flash flood watches, warnings, and weather advisories.

A Disaster Supply Kit is any pre-assembled group of items that will improve the health and safety of your family during a disaster. Kits can be purchased or be homemade in a variety of styles and sizes. They can be as small as a shaving kit for your glove compartment or as big as a 50-gallon drum for your business. In general, kits should be easy to carry and as lightweight as possible. You can have many kits, each suited to a different purpose.

Car

School

Home

Work

**Place of
Worship**





10 ESSENTIAL Emergency Supplies

At a minimum, your emergency supplies should include these 10 essential items.

- 1 Water for 3-10 days (1 gallon per person per day)
- 2 Food for 3-10 days (including pet food)
- 3 First Aid Kit and Instructions
- 4 Flashlights (and extra batteries)
- 5 Radio (and extra batteries)
- 6 Medications (prescription and non-prescription)
- 7 Cash and important documents (small bills and coins, birth certificates, tax returns, deeds, titles, insurance papers, medical cards)
- 8 Clothing and sturdy shoes
- 9 Tools (wrench, duct tape, fire extinguisher, sturdy gloves, whistle)
- 10 Sanitation and hygiene supplies

TIP

When purchasing a fire extinguisher the best type is ABC, which covers combustible, liquids and electrical fires. Be sure to check the expiration date on your extinguisher.

PERSONALIZE IT!

Include items in your disaster kit that will help your family be comfortable and self-sufficient after a disaster, consider adding:

- Camping stove, fuel, pots and pans, aluminum foil, paper cups, plates & plastic utensils
- Emergency blankets or sleeping bags
- Pet carriers and supplies
- Extra set of car, home, and safe deposit box keys
- List of emergency telephone numbers
- Portable toilet, toilet paper and plastic bags for human waste
- Compass
- Pens, pencils, paper tablet
- Toys, crayons and books to keep children busy



FOOD SUPPLIES

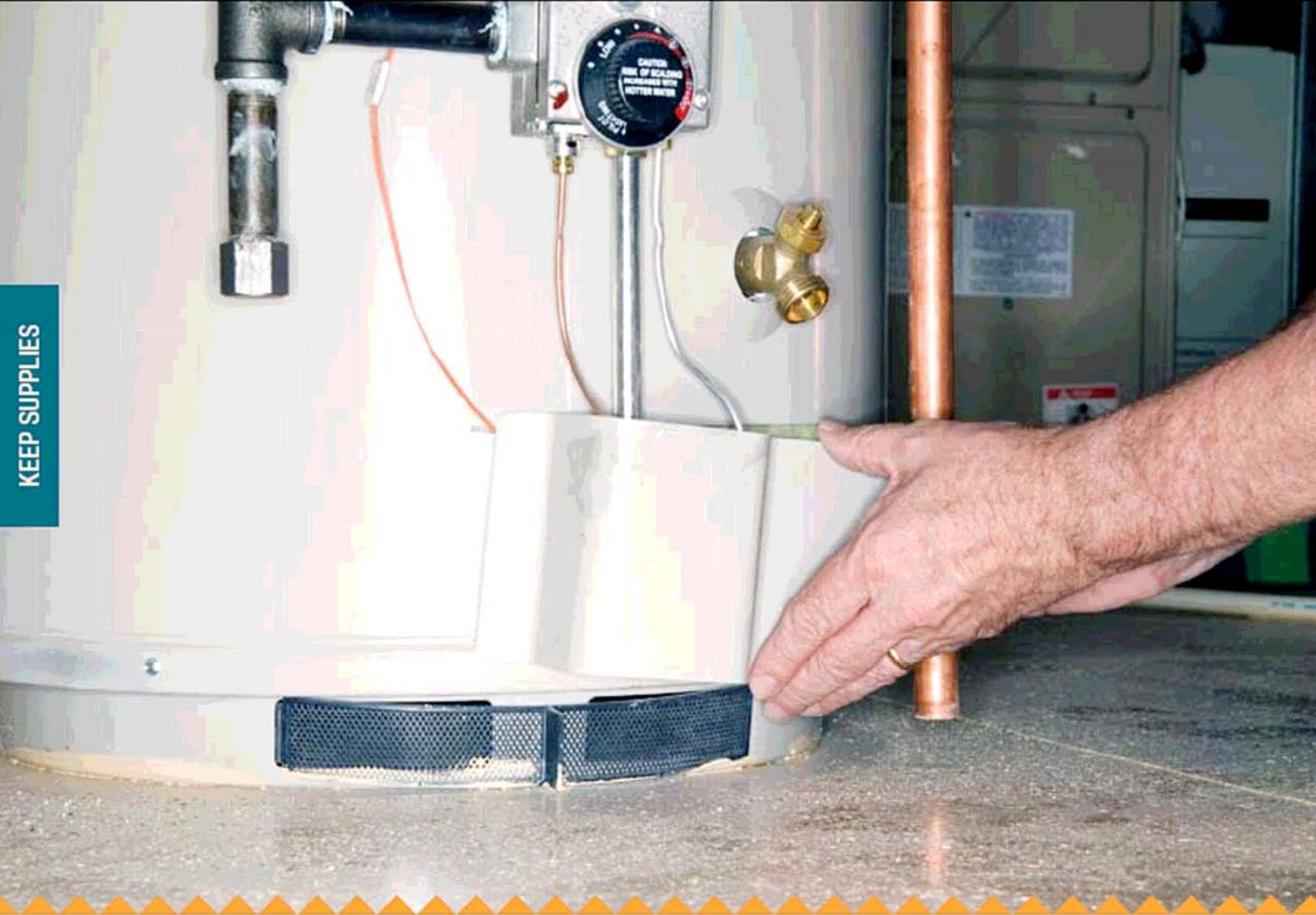
Select foods that require no refrigeration and can be prepared with little or no water. Select food items that are compact and lightweight including a selection of the following foods:

- Ready-to-eat canned meats, fruits and vegetables
- Canned juices, milk, soup (if powdered, store extra water)
- Staples-sugar, salt, pepper
- High-energy foods such as peanut butter, jelly, crackers, granola bars, trail mix
- Food for infants, elderly persons, or persons on special diets
- Comfort/stress foods in small amounts such as cookies, hard candy, sweetened cereals, lollipops, instant coffee, tea bags
- Manual can opener
- All-purpose knife
- Household liquid bleach to treat drinking water
- Plastic wrap
- Re-sealing plastic bags

BASIC FIRST AID KIT

Be sure to include personal items that you rely on daily. A basic first aid kit should include:

- Disposable/sterile burn blankets
- Adhesive tapes
- Hydrogen peroxide, Betadine
- 4x4 gauze pads (sterile and non sterile), roller gauze
- Band-Aids (assortment)
- Ice packs
- Triangular bandages, ace bandages
- Eye pads
- Scissors
- Cotton balls/Q-tips/cotton applicators (12 count)
- Tweezers
- Penlight
- Thermometer
- Safety pins and sewing needles/thread
- Optional: over-the-counter pain medication and digestive aid
- Anti-bacterial towelettes
- Blood-stopper compresses
- Burn ointment
- CPR shield
- Tri-biotic ointment
- Earplugs
- Over the counter medications



SOURCES OF DRINKING WATER

In an emergency you can use water already in your water heater tank, plumbing, and in ice cubes. Do not use water from the reservoir tank of your toilet.

- Access reserves in the water heater by opening the spigot at the bottom of the tank, attach a garden hose and strain the water through a coffee filter or clean cloth.
- Before you access the water in your plumbing, locate the water inlet/shutoff valve for house, condominium or apartment and turn off the water.
- Pools, spas, waterbeds and similar sources of water can be used for sanitary purposes only. Do not drink the water from these sources.

RATIOS FOR PURIFYING WATER WITH BLEACH

WATER QUANTITY	BLEACH ADDED
1 Quart	4 Drops
1 Gallon	16 Drops
5 Gallons	1 Teaspoon

After adding bleach, shake or stir the water container. Let stand 30 minutes before drinking.

Most utilities are only responsible for repairs to their meters. They will not be able to repair damages to your pipes or electrical wiring. However, repairs may be required before utility connection can be restored. Be patient and wait for the proper clearances from utility companies and health officials.

PET DISASTER SUPPLY KIT CHECKLIST

- Name tags and phone numbers for collars and harnesses
- Leashes, harnesses, gloves and carriers to transport pets safely and securely
- Water and food for 3-10 days.
- Supplies like bowls, cat litter and pans, manual can opener, foil or plastic lids for cans
- 3-10 day supply of medications. Medical records stored in a waterproof container
- Current photos of your pets in case they get lost
- Information on feeding schedules, medical conditions, behavior problems, and the name and number of your veterinarian in case you have to board your pets. Don't forget pet beds and toys!
- First Aid kit (including large/small bandages with elastic tape, scissors, tweezers, Q-tips, antibiotic ointment, saline eyewash, & hydrogen peroxide)



KEEP SUPPLIES

Don't forget to include identification tags on carriers, harnesses and leashes

Visit http://www.ready.gov/america/toolkit_pets/index.html for help developing a pet preparedness toolkit for your animals



TIP

When you get an Evacuation Warning gather up small animals and confine them so they can be crated quickly. Transport cats in a plastic or wire carrier only; do not carry in your arms. Cover

the carrier with a light cloth, which will help keep cats quiet. Remember that animals may be anxious in an emergency and be sure to include safety items like sturdy gloves in your emergency kit.

HORSE AND LARGE ANIMAL DISASTER SUPPLY KIT CHECKLIST

- Halters with identification tags and lead ropes for each horse.
- Vaccination and identification forms with current photos.
- Food, feed buckets, and any medications for 7–10 days.
- Information on feeding schedules, medical conditions, behavior problems, and the name and number of your veterinarian in case you have to board your horse(s).
- First Aid Kit with wraps.
- Duct tape to write identification on horse halters.
- Headlamp light (much better than flashlight when working with large animals).



TIP

Have your horses micro-chipped.



It's important to know how the County of Santa Cruz will notify the community before, during, and after an emergency. Here are some of the ways you can expect to find important emergency information:

Local TV Stations

KSBW	8
KION	46
KCBA	35
KSMS	67
KDJT	33

Go to community meetings. Talk to your neighbors about their plans and encourage them to plan with you. Agree to help each other prepare to leave when authorities announce plans to evacuate endangered residents.

Local Radio Stations

Santa Cruz Area

KPIG	107.5 FM
KZSC	88.1 FM
KUSP	88.9 FM
KSCO	1080 AM and 1340 AM

Salinas and Other Areas

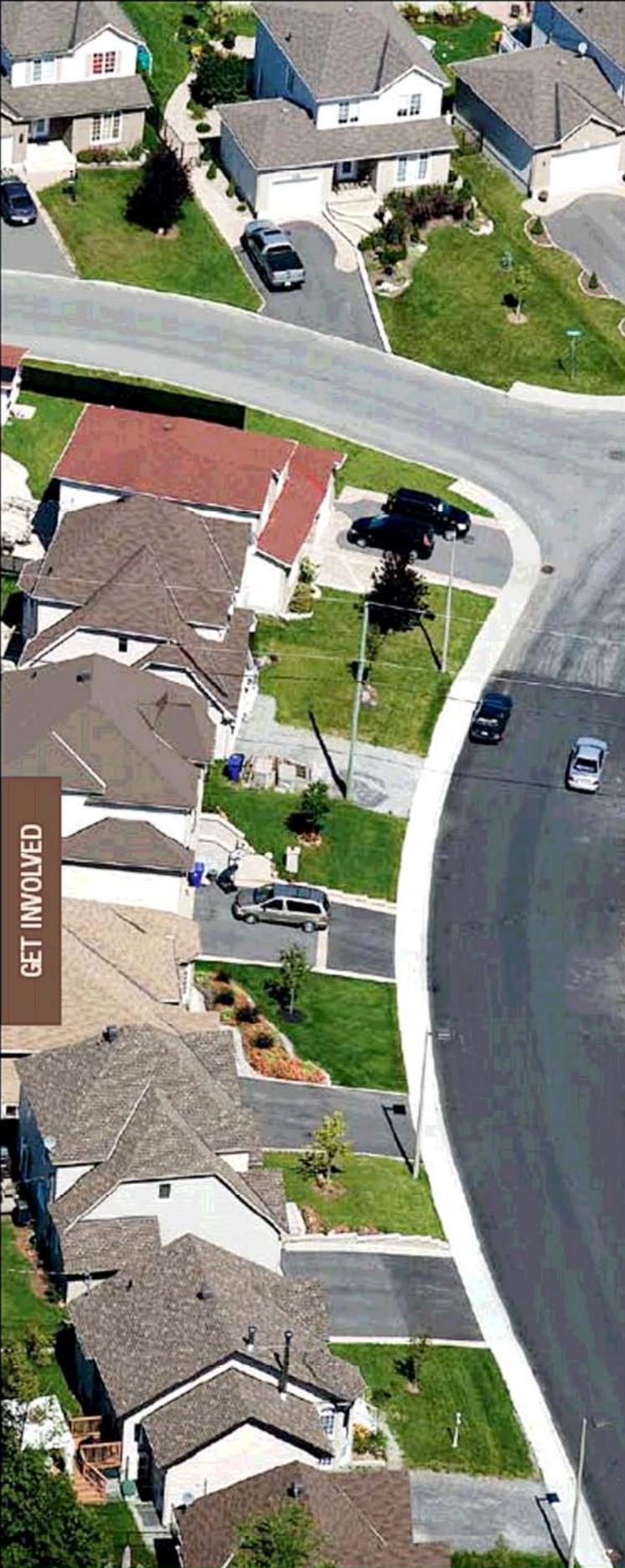
KKMC	880 AM
KTGE	1570 AM
KLOK	1170 AM
KZOL	99.1 FM
KRAY	103.5 FM
KHDC	90.9 FM
KDON	102.5 FM
KSCA	107.9 FM
The Hippo	104.3 FM
The Beach	101.7 FM
BOB	95.5 FM

Monterey Bay Area

KAZU	90.3 FM
KWAV	97 FM
KRML	1410 FM

TIP Remember that your car radio might be the easiest way to listen to emergency broadcasts.

USE THIS PAGE TO RECORD THE LOCATIONS OF COMMUNITY INFORMATION IN YOUR NEIGHBORHOOD. BE SURE TO INCLUDE THE LOCATION OF THE NEAREST COUNTY PUBLIC LIBRARIES.



NEIGHBORHOOD NETWORKS

Setting up neighborhood networks like Neighborhood Watch before a disaster can help you get good and reliable information after a disaster. Organize and prepare your neighborhood to:

- Care for children and the elderly.
- Care for people with mobility problems or disabilities.
- Rescue household pets.
- Activate phone trees.
- Turn off utilities when a neighbor is absent.
- Take Community Emergency Response Team (CERT) training.
- Learn First Aid and CPR.
- Become a HAM Radio Operator
- Learn about the resources already in your neighborhood.

For more information on neighborhood preparedness and CERT training, visit: www.santacruzcountycert.org

TIP Neighborhood Networks should meet at least once a year to update rosters, include new residents and update plans for working with those with mobility issues.

COMMUNITY EMERGENCY RESPONSE TEAMS - CERT

The Community Emergency Response Team (CERT) Program trains residents on disaster preparedness and hazards that may impact their area. You will learn basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations. Using classroom training and practical exercises, CERT members will learn to assist their neighbors and co-workers after a disaster when professional responders are not immediately available to help. CERT members are encouraged to support first responders by becoming leaders in emergency preparedness in their community



The Fire and Sheriff's Departments provide CERT training, but CERT volunteers do not work for Santa Cruz County. Official volunteers are registered with county or city departments, law enforcement, community based organizations or other government agencies.

In a disaster, CERT volunteers have the skills necessary to take care of themselves, their families, and their community.

For more information about CERT and how you can become a CERT member, visit www.santacruzcountycert.org





WHEN DISASTER STRIKES

When disaster strikes you and your family may be affected in several ways. This may range from injuries, physical or emotional, to damage or the loss of property. Remember not to panic and help those who need extra assistance.



ASSESS

Locate and notify family members of your circumstances.



FIND SHELTER

Find a safe haven in your home, with family or at a shelter.



BE SAFE

Proceed cautiously and follow local safety instructions.



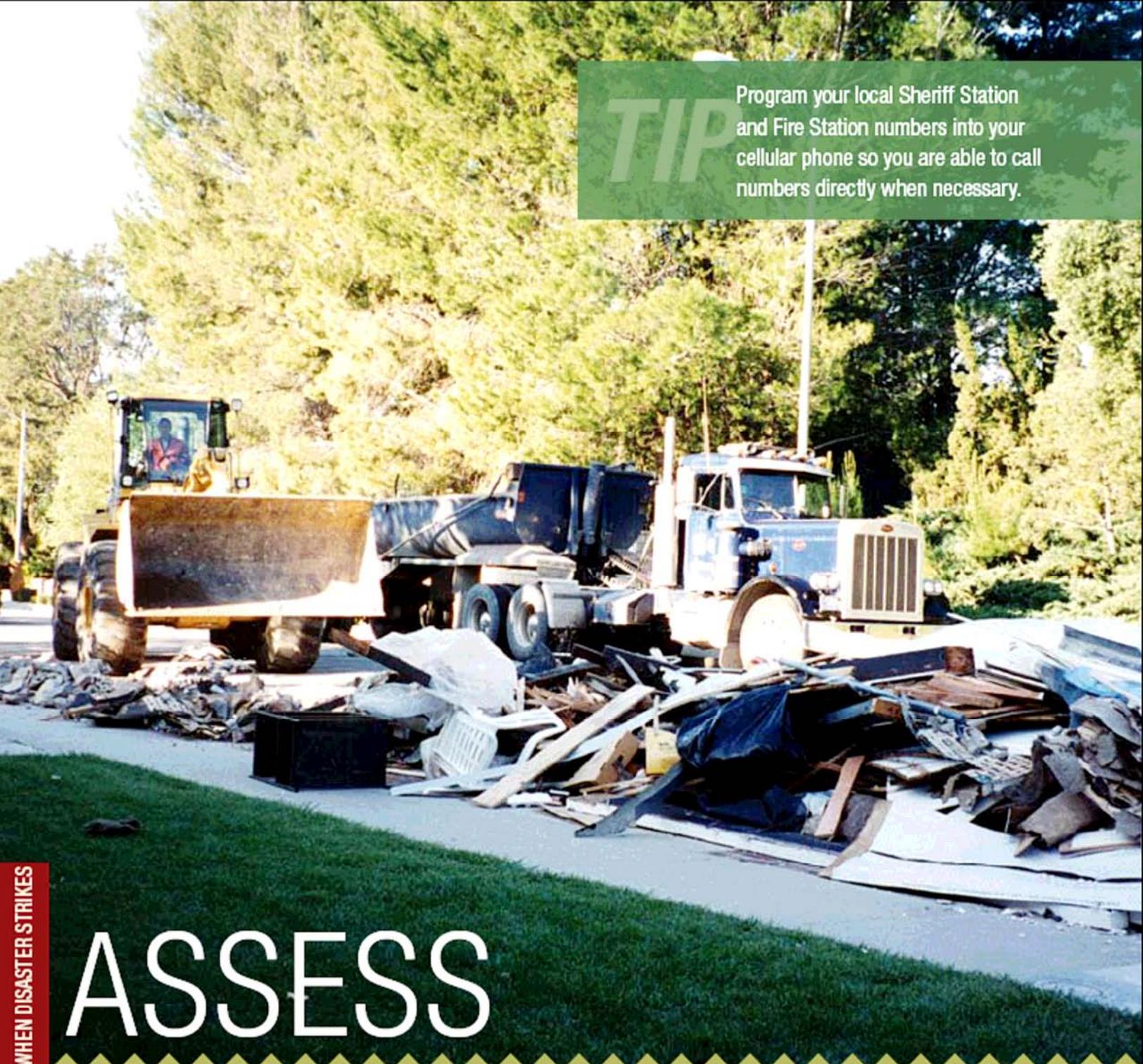
GET HELP

Get local service availability information or call 2-1-1 for services.



BEGIN RECOVERY

Contact insurance providers, FEMA and secure documentation.



TIP

Program your local Sheriff Station and Fire Station numbers into your cellular phone so you are able to call numbers directly when necessary.

WHEN DISASTER STRIKES

ASSESS

Immediately after a disaster, listen to local media for advisories and instructions from local officials. Instructions will vary according to the disaster.

After an earthquake, check for injuries then assess your building for obvious hazards and dangerous situations. Once you and your family are safe, activate your telephone calling tree to locate and notify family members about your circumstances. Limit your phone calls to emergencies and necessary notifications to reduce the strain on the telephone system.

First responder agencies will be working to assess damages throughout the County and determine which areas are most severely impacted. They will begin to clear disaster routes so emergency vehicles can get through to help where they are most needed. Utilities and transportation routes will be restored more slowly as they perform assessments and prepare to serve the needs of residents and emergency responders.

FIND SHELTER

Find a safe haven in your home, with family or at a shelter.

When an Evacuation Order has been issued for your area

- Gather your family, pets, and disaster supply kit into your car and prepare to leave your home or business immediately.
- Follow the instructions and directions from Sheriff and Fire Department's personnel.
- Drive carefully and at a normal speed with your headlights on.
- Keep your car windows rolled up and turn air vents to re-circulate.

Evacuating Your Pets

- Choose evacuation locations ahead of time; you should have at least two options.
- Prepare a list of boarding facilities and veterinarians who can shelter your pets in an emergency (include 24-hour numbers).
- Contact hotels and motels outside your immediate area to check policies on accepting pets and restrictions on number, size, and species.
- Ask friends, relatives and others outside the affected area if they can shelter your animals. The Red Cross does not house pets inside shelters.
- If you have more than one pet they may be more comfortable if kept together, but be prepared to house them separately.



WHEN DISASTER STRIKES

TIP

Everyone who needs additional or special assistance should interpret an Evacuation Warning as an Evacuation Order and make arrangements to leave their residence or place of business immediately.

BE SAFE

Inspecting your home after a disaster

Natural gas

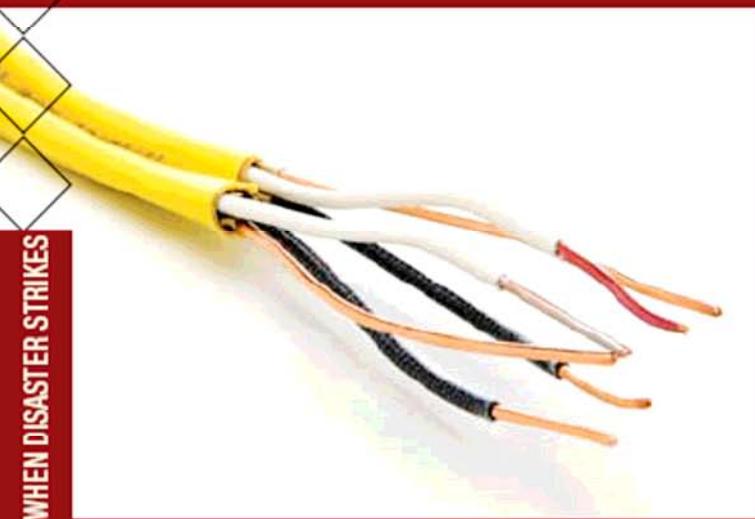
If you smell gas or hear a hissing or blowing sound, open a window and leave immediately. Turn off the main gas valve from the outside, if you can. Call the gas company from a neighbor's residence. If you shut off the gas supply at the main valve, you will need a professional to turn it back on. Do not smoke or use oil, gas lanterns, candles, or torches for lighting inside a damaged home until you are sure there is no leaking gas or other flammable materials present.

Sparks, broken or frayed wires

Check the electrical system, do not check it if you are wet, standing in water, or unsure of your safety. If possible, turn off the electricity at the main fuse box or circuit breaker. If the situation is unsafe, leave the building and call for help. Do not turn on the lights until you are sure they're safe to use. You may want to have an electrician inspect your wiring.

Roof, foundation, and chimney cracks

If it looks like the building may collapse, leave immediately.



WHEN DISASTER STRIKES



TIP

After an earthquake, be prepared for aftershocks.

Your Basement

If your basement has flooded, pump it out gradually (about one third of the water per day) to avoid damage. The walls may collapse and the floor may buckle if the basement is pumped out while the surrounding ground is still waterlogged.

Water and Sewage Systems

If pipes are damaged, turn off the main water valve. Check with local authorities before using any water; the water could be contaminated. Pump out wells and have the water tested by authorities before drinking. Do not flush toilets until you know that sewage lines are intact.

Appliances

If appliances are wet, turn off the electricity at the main fuse box or circuit breaker. Then, unplug appliances and let them dry out. Have appliances checked by a professional before using them again. Also, have the electrical system checked by an electrician before turning the power back on.

Food and Other Supplies

Throw out all food and other supplies that you suspect may have become contaminated or come in to contact with floodwater.

Open Cabinets

Be alert for objects that may fall.

Clean up Household Chemical Spills

Disinfect items that may have been contaminated by raw sewage, bacteria, or chemicals. Also clean salvageable items.

Call Your Insurance Agent

Take pictures of damages. Keep good records of repair and cleaning costs

COPING WITH DISASTER-RELATED STRESS

COMMON REACTIONS TO DISASTERS

Irritability and anger	Fatigue
Loss of appetite	Inability to sleep
Nightmares	Sadness
Headaches	Nausea
Hyperactivity	Lack of concentration
Hyper-alertness	Increase in alcohol or drug consumption



- Talk with someone about your feelings
 - anger, sorrow, and other emotions
 - even though it may be difficult.
- Seek help from professional counselors who deal with post-disaster stress.
- Do not hold yourself responsible for the disastrous event or be frustrated because you feel you cannot help directly in the rescue work.
- Take steps to promote your own physical and emotional healing by healthy eating, rest, exercise, relaxation, and meditation.
- Maintain a normal family and daily routine, limiting demanding responsibilities on yourself and your family.
- Spend time with family and friends.
- Use existing support groups of family, friends, and religious institutions.
- Ensure you are ready for future events by restocking your disaster supplies kits and updating your family disaster plan. Doing these positive actions can be comforting.

	Issues	Public Agencies Responsibilities	Residents & Businesses
<p>Immediate Life & Safety</p>	<p>Food and Shelter</p> <p>People and pet reunifications</p>	<p>Ensure transportation routes are operational</p> <p>Implement public safety measures</p>	<p>Dial 9-1-1 for emergencies</p> <p>Use CERT skills</p>
<p>Short Term Care & Shelter</p>	<p>Restoration of Utilities</p> <p>Crisis counseling</p> <p>Temporary housing</p> <p>Rebuilding infrastructure</p> <p>Loose or wild animals</p>	<p>Issue information on available resources and service locations</p> <p>Issue health alerts & warnings</p> <p>Mitigate secondary damages and effects</p> <p>Coordinate provision of basic services</p>	<p>Some residents in shelters</p> <p>Many businesses re-opening on limited basis</p> <p>Communications limited but functional</p> <p>Transportation difficult in many locations</p> <p>Assistance from human services organizations Red Cross, Salvation Army, etc. may be available.</p>
<p>Long Term Restore & Rebuild</p>	<p>Job losses and unemployment</p> <p>Displaced households</p> <p>Loss of housing stock</p> <p>Transportation issues</p> <p>Long-term economic impacts</p> <p>Community identity</p> <p>Coping with physical and emotional loss</p>	<p>Issue permits for rebuilding</p> <p>Issue information on available emotional, financial, and physical assistance</p> <p>Streamline permit and licensing processes to accommodate high volume requests</p> <p>Convene public forums and task forces targeting specific areas of need</p>	<p>Re-establishing with suppliers and customer base</p> <p>Restoration of pre-disaster employment numbers</p> <p>Rebuilding homes and businesses</p> <p>Potential assistance from government agencies including Small Business Administration and the Federal Emergency Management Agency (FEMA)</p>

GET HELP

In the event of a disaster, Santa Cruz County will establish Local Assistance Centers. These centers will have state and County resources, as well as loan and insurance representatives on hand to assist residents, as needed. Tune to your local radio or TV stations for locations and more information.

Information on exposure to toxic substances?	Poison Control Center (California)	1-800-222-1222 www.aapcc.org/DNN
Emergency Financial First Aid Kit?	Operation Hope	www.operationhope.org
Disaster loan and grant information?	U.S. Small Business Administration	800-659-2955 www.sba.gov
Preparing and planning for disasters?	U.S. Department of Homeland Security	www.ready.gov
Information and services for individuals, families and businesses needing disaster recovery assistance?	U.S. Department of Homeland Security	www.disasterhelp.gov
Latest earthquake information?	U.S. Geological Survey	www.quake.usgs.gov/recent
Latest weather information?	National Oceanic Atmospheric Administration	www.noaa.gov
Information on environmental disasters?	U.S. Environmental Protection Agency	www.epa.gov/ebtpages/emergencies.html

DISASTER ASSISTANCE INFORMATION

What is FEMA Disaster Assistance?

Disaster assistance is money or direct assistance to individuals, families and businesses in an area whose property has been damaged or destroyed and whose losses are not covered by insurance. It is meant to help with critical expenses that cannot be covered in other ways. This assistance is not intended to restore your damaged property to its condition before the disaster. While some housing assistance funds are available through the FEMA Individuals and Households Program, most disaster assistance from the Federal government is in the form of loans administered by the United States Small Business Administration. FEMA Disaster Assistance is only available if the President signs a declaration of disaster

How do I apply for Disaster Assistance?

There are various services and special programs that may be available when the President signs a Disaster Declaration. The phone number to apply for assistance will be advertised widely following the disaster; notices will be listed on County websites, posted at County Libraries and reported by the news media. Special one-stop centers may also be set up to help residents find the assistance they need.

How can I get in touch with my family?

The American Red Cross maintains a database to help you find displaced family members. Phone number and website information will be widely publicized during and after a disaster. Contact the local American Red Cross chapter where you are staying for information. Because Red Cross chapters nearest the disaster site will be coping with emergency response operations, do not contact the chapter in the disaster area. Also, FEMA has established the National Emergency Family Registry and Locator System (NEFRS), which has been developed to help reunite families who are separated during a disaster. The NEFRS system will enable displaced individuals the ability to enter personal information into a website database so that they can be located by others. You should also have an out-of-area contact that your family knows to call in case of disaster.



Depending on the magnitude of the disaster, FEMA will decide whether or not individual assistance will be made available.



FEMA

DISASTER ASSISTANCE INFORMATION

What if my home is destroyed?

For immediate housing needs, the American Red Cross and other volunteer agencies set up shelters for people who cannot return to their homes.

Listen to your radio or watch local media for the location of the nearest volunteer agency facility.

For health and space reasons, pets are not permitted in public emergency shelters. Contact the emergency management office or your local animal shelter or humane society to see if there is a shelter set-up to take pets in an emergency.

For those who have longer-term housing needs, FEMA offers several types of assistance, including services and grants to help people repair their homes and find replacement housing.

The American Red Cross can help you find immediate shelter. For long-term assistance after a Presidentially Declared Disaster, call the FEMA registration number and apply for FEMA and Small Business Administration (SBA) assistance programs.

FEMA assistance does not make you whole again, but it can give you a helping hand to recover.

Where can I get food and water following a disaster?

After a disaster, the American Red Cross and other volunteer agencies will provide food, water and clothing to the best of their ability. Listen to your radio or watch local media for distribution locations.

What if I lost my job or can't work because of a disaster?

People who lose their jobs because of a disaster may apply for Disaster Unemployment Assistance (DUA). DUA provides weekly benefits to individuals who are unemployed and not eligible for regular unemployment insurance compensation. Apply by registering with FEMA or contacting your local unemployment office.

What if I think I need legal help?

Local non-profit organizations often provide legal assistance to individuals who have been impacted by disasters. Also, local members of the American Bar Association offer free legal counseling to low-income individuals. You can get more information at a Local Assistance Center or Disaster Recovery Center that may be set up after the President declares a major disaster.



Tip: Local Assistance Centers will have resources available to help answer your questions after a disaster.

WILDLAND FIRE

Before the Fire

Red Flag weather conditions mean that humidity is very low (usually below 15%) and winds exceed 25 mph. When a Red Flag Warning or Alert has been issued there is a greater possibility for brushfires to spread rapidly. If you live in an urban-interface area subject to Red Flag Alerts here are a few tips:

- Park your car heading out and keep your car keys handy
- Disconnect automatic garage door openers in case of power failure
- Place your important records and documents inside your car
- Keep pet carriers handy
- When you leave your home:
 - Keep drapes and window coverings open
 - Close all interior doors in your home
 - Close all windows
 - Keep interior lights on
 - Move combustible furniture away from windows and towards the center of the room



FIRE HAZARD REDUCTION CHECKLIST

- Remove needles, leaves, or other vegetative material from the roof of any structure.
- Remove or trim all vegetation a minimum of ten feet from chimneys or stovepipes.
- Keep landscape clean, remove litter under trees and shrubs, prune out all dead wood.
- Remove dead and dried portions of ground covers and succulents.
- Leave space between shrubs and trees to prevent fire spread. Avoid continuous tree or brush canopies.
- Separate native shrubs by removing adjacent plants.
- Limit the number of specimen trees and shrubs within 30 feet of any structure.
- Tree crowns should not overhang the roof and should be pruned high enough to avoid ignition by a ground fire.
- Within 200 feet of structures, consider removing common garden plants that have proven particularly flammable due to high brush buildup and foliage oils such as Cypress, Fountain Grass, large Juniper, Eucalyptus, Pines, and other Conifers.
- Give special consideration to problem trees such as Eucalyptus, Palms and Pines. Remove dead limbs, litter, dead fronds and loose bark from the ground as well as from the trunk of these trees.

For more information, visit the Santa Cruz County Planning Department website:
http://www.sccoplanning.com/html/env/tree_removal.htm#firesafe



During the Fire

- Follow your evacuation plan instructions and the directions from Sheriff and Fire Department personnel.
- Gather your family, pets and disaster supply kit and immediately leave your home or business.
- Drive carefully at a normal speed with your headlights on.
- Never park your vehicle in a traffic lane or safety area.
- Keep pets in carriers or on leashes.

In case of a house fire, don't stop for anything—just get out. Call the Fire Department from a neighbor's telephone after you are out of the house.

TIP

Pre-wetting your home and surrounding areas will not improve the safety of your home—and it wastes valuable time and water resources.

WILDLAND FIRE

After the Fire

- Don't return to your home before the area is declared to be safe by local officials. Returning home can be both physically and mentally challenging.
- Assess damage; check that your home is safe to occupy
- Before returning home, be sure that utilities are operational
- Remember, burned hillsides may have trouble absorbing water after a fire. Monitor burn areas and be prepared to evacuate if necessary.



IF YOU LIVE NEAR A RECENTLY BURNED AREA...

Flash floods and debris flows may now be a danger. Once the smoke clears from a wildfire, the danger is not over! Other hazards, such as flash floods and debris flows, now become the focus. Steep mountainsides and hillsides recently burned by wildfires are particularly susceptible to flash floods and debris flows during rainstorms. Just a short period of moderate rainfall on a burn scar can lead to flash floods and debris flows. Rainfall that is normally absorbed by vegetation can run off almost instantly. This causes creeks and drainage areas to flood much sooner during a storm, and with more water than normal.

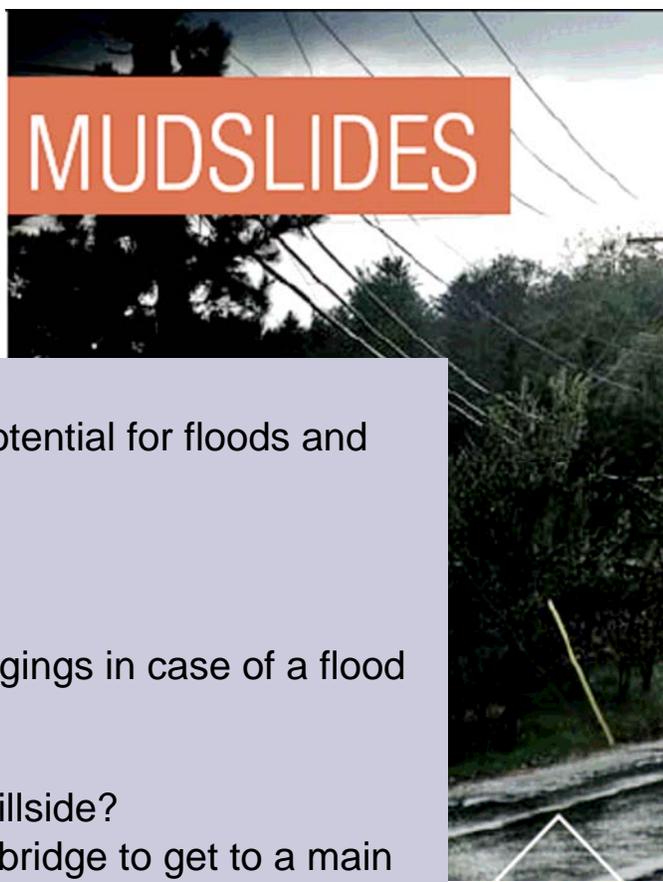
Additionally, the soils in a burn scar are highly erodible so flood waters can contain significant amounts of mud, boulders, and vegetation. The powerful force of rushing water, soil, and rock, both within the burned area and downstream, can destroy culverts, bridges, roadways, and structures, and can cause injury or death if care is not taken.

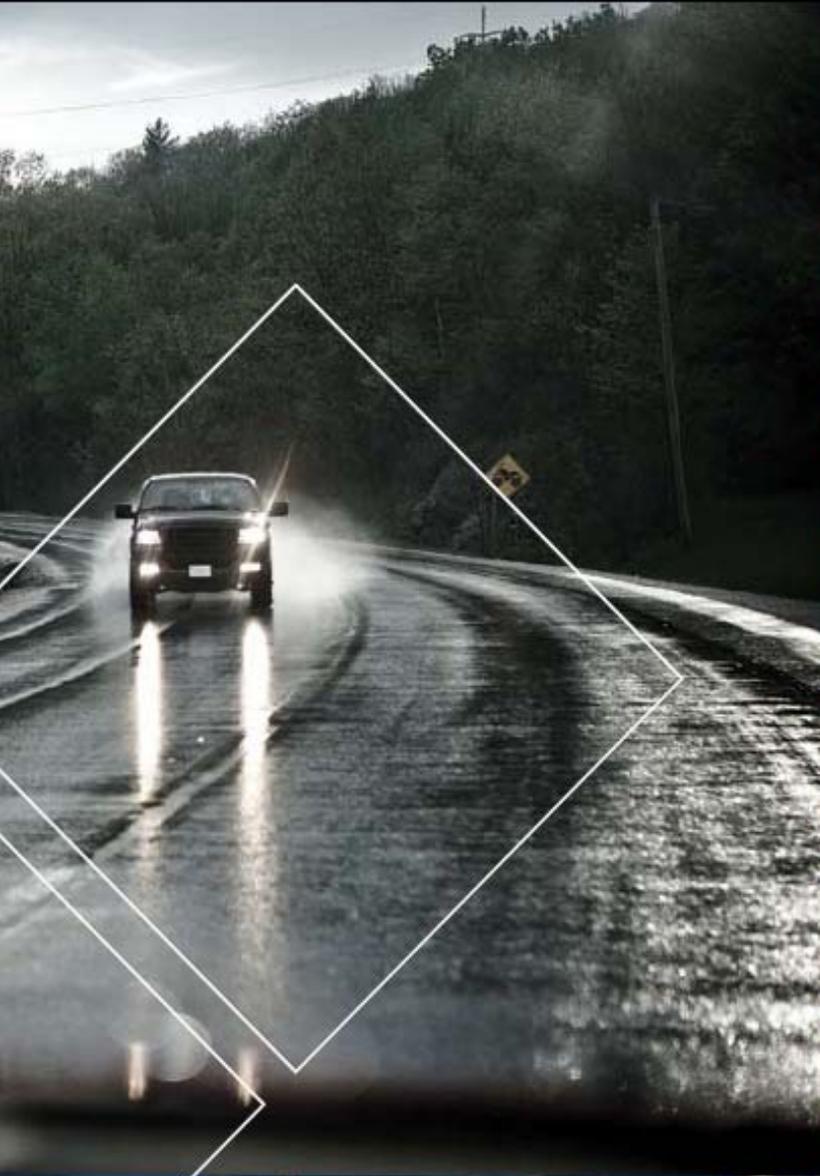
STORMS, FLOODS & MUDSLIDES

When heavy rains come, there is a significant potential for floods and mudslides.

Before the Flood:

1. Assess the safety of your house and belongings in case of a flood or mudslide:
 - Are you near a creek?
 - Do you live above or below a steep hillside?
 - Do you have to drive over a creek or bridge to get to a main road?
2. Clean drains and gutters around the house in the fall before the winter rains come. Check drains on nearby streets.
3. If diversion of water or mud is necessary, plan to fill sandbags well before the rain starts. Sandbags are available at local fire stations. Take time now to find out what fire station serves your area and learn proper placement of sandbags.
4. If you live in a hilly area, maintain all slopes in a safe manner. Use appropriate plantings, slope coverage, and drainage channels.





TIPS

Have a plan in place before an evacuation is ordered.

The safest plan is to stay with friends or family during all rainstorms in which a flash flood watch or warning has been declared for your area.

Teach your children to stay away from all rivers, creeks, arroyos, drainage control channels and washes. Teach all family members about the watch and warning system.

Determine in advance how you will stay informed about the latest flood and flash flood watches, warnings, and weather advisories. Stay Informed for information on the Emergency Alert System and other ways to get updated storm information.

Attend community meetings.

Talk to your neighbors about their plans, and encourage them to plan to get out early.

STORMS, FLOODS & MUDSLIDES

During the Flood

- Do not cross rapidly flowing streams. Stay on one side until the water recedes. Most streams will go down in a couple of hours, once it stops raining.
- During a storm, check drainage systems at your home and driveways to maintain a safe situation and limit damage.
- Watch for mudslides and adjust drainage to reduce mudslides.

If you notice a major mud slippage either above or below your house, move your family to a safe location and notify your neighbors.

WHEN IT'S RAINING...

Plan to arrive at your location in a safe neighborhood before it starts raining and remain there until well after the storm. Burned logs, boulders, mud and other debris can create temporary dams which burst days after the rain has stopped. This could be hours or sometimes even days after the rain has stopped. Be particularly alert when driving. Watch the road for collapsed pavement, mud, fallen rocks, and other hazards. Bridges may be washed out, and culverts overtopped. When you see water across a roadway, there is no way to see whether the road under the water has been washed away. The water may be much more deep and powerful than you expect.



STORMS, FLOODS & MUDSLIDES

After the Flood

- Don't return to your flood-damaged home before the area is declared to be safe by law enforcement and health officials.
- Assess damage; check hillsides, houses, etc. for slope movement, settling, and water damage.



- Remember, many mudslides occur as the soil dries after an extended wet period, so a mudslide may take place several days after the rain stops.
- Winter is often the best time to plant slopes, so make plans and fix any problems areas before the rainy season begins.

Sandbags and other barriers can help divert small mudflows. Remember, however, that these small measures may be meaningless to a huge debris flow. The hillsides will gradually stabilize during the next three to seven years.





EARTHQUAKES

The time to prepare for an earthquake is NOW...not next week or after the shock. Protect your family by taking the actions on the **BEFORE Checklist** as soon as you can. It's a good idea to make copies of the **DURING Checklist** and post them by your house and garage exits and in all your family cars.

Before the Earthquake

- Identify safe spots in each room of your home. Note sturdy tables, desks, and interior walls. Know your danger spots: windows, mirrors, hanging objects, fireplaces, and tall, unsecured furniture.
- Conduct practice drills with your family and know the safest locations in your home.
- Decide how and where your family will reunite, if separated during an earthquake.
- Choose an out-of-state friend or relative to contact so family and friends know your status.
- Learn First Aid and CPR and put together a First Aid Kit.
- Learn how to shut off gas, water and electricity; it may be necessary during an earthquake.
- Check chimneys, roofs, walls, and foundations for stability – make sure your house is bolted to its foundation.
- Secure your water heater and major appliances as well as tall, heavy furniture, hanging plants, mirrors, and picture frames. Visit www.daretoprepare.org online for ways to secure your home.
- Keep breakables, heavy objects, and flammable or hazardous liquids such as paints, pest sprays, and cleaning products in secured cabinets or on lower shelves.
- Participate in organizing your neighborhood to be self-sufficient after an earthquake.

EARTHQUAKES

During the Earthquake

- If indoors, stay there. Get under a desk or table or stand in a corner. Stay away from windows, bookcases, file cabinets, heavy mirrors, hanging plants and other heavy objects that could fall. Watch out for falling plaster and ceiling tiles. Stay under cover until the shaking stops. Hold on to your cover – if it moves, move with it.
- If outdoors, get into an open area away from trees, buildings, walls, and power lines.
- If driving, pull over to the side of the road and stop. Avoid areas around power lines. Stay in your car until the shaking is over.
- If in a crowded public place, do not rush for the doors. Crouch and cover your head and neck with your hands and arms.

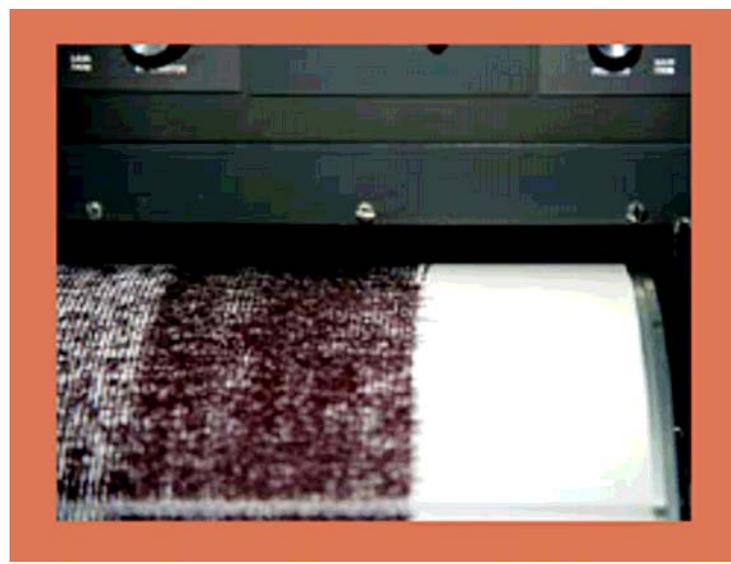
At 5:04 p.m. on October 17, 1989, a magnitude 6.9 earthquake, known thereafter as the Loma Prieta earthquake, rattled Santa Cruz County and the surrounding Bay Area. The earthquake, caused by a slip along the San Andreas Fault, left 63 dead, over 3,700 injured, and up to 12,000 homeless. One of the most expensive natural disasters at that time, the Loma Prieta earthquake caused \$6 billion in property damage and was the largest earthquake to occur on the San Andreas Fault since 1906.



EARTHQUAKES

After the Earthquake

- Do not attempt to use the telephone unless there is an immediate, life-threatening emergency.
- If it is safe, check for gas and water leaks, and broken electrical wiring or sewage lines. If there is damage, turn the utility off at the source and immediately report gas leaks to your utility company.
- Stay away from downed power lines and warn others to stay away.
- Do not attempt to re-light the gas pilot unless your gas line has been thoroughly inspected. Call the Gas Company for assistance.
- If you are able to safely do so, check your building for cracks and damages, including the roof, chimney, and foundation.
- Turn on your portable radio for instructions and news reports.
- Cooperate fully with public safety officials and follow instructions; they are trained to ensure safety.
- Do not use your vehicle unless there is an emergency.
- Be prepared for aftershocks – Stay calm and help others.
- If you evacuate, leave a message at your home telling family members and others where you can be found.



TSUNAMIS

A tsunami (seismic sea wave) is a series of extremely long ocean waves generated by earthquakes, volcanic eruptions, or massive undersea landslide that displaces a large mass of water. From the area of the disturbance, the waves travel outward in all directions, much like the ripples caused by throwing a rock into a pond.

As the waves approach shallow coastal waters, they appear normal and the speed decreases. Then as the tsunami nears the coastline, it may grow to great height and smash into the shore, causing great destruction and loss of life.

The time between wave crests may be from 5 to 90 minutes, and the wave speed in the open ocean may be more than 450 miles per hour. Tsunamis have reached heights of more than 100 feet.

People who are near the seashore during a strong earthquake should listen to a radio for a tsunami warning and be ready to evacuate at once to higher ground. Tsunamis arrive as a series of successive “crests” (high water levels) and “troughs” (low water levels).

Rapid changes in the water level may be an indication of an approaching tsunami.

Tsunamis from both local and distant earthquakes threaten California’s coastal communities. Although our oceans are monitored for developing tsunamis, when a large earthquake occurs nearby, the first tsunami wave may reach coastal communities within a few minutes.

Stay away from coastal or low-lying areas. Waves might continue for several hours and travel several times faster than you can walk, run or drive.

TSUNAMIS

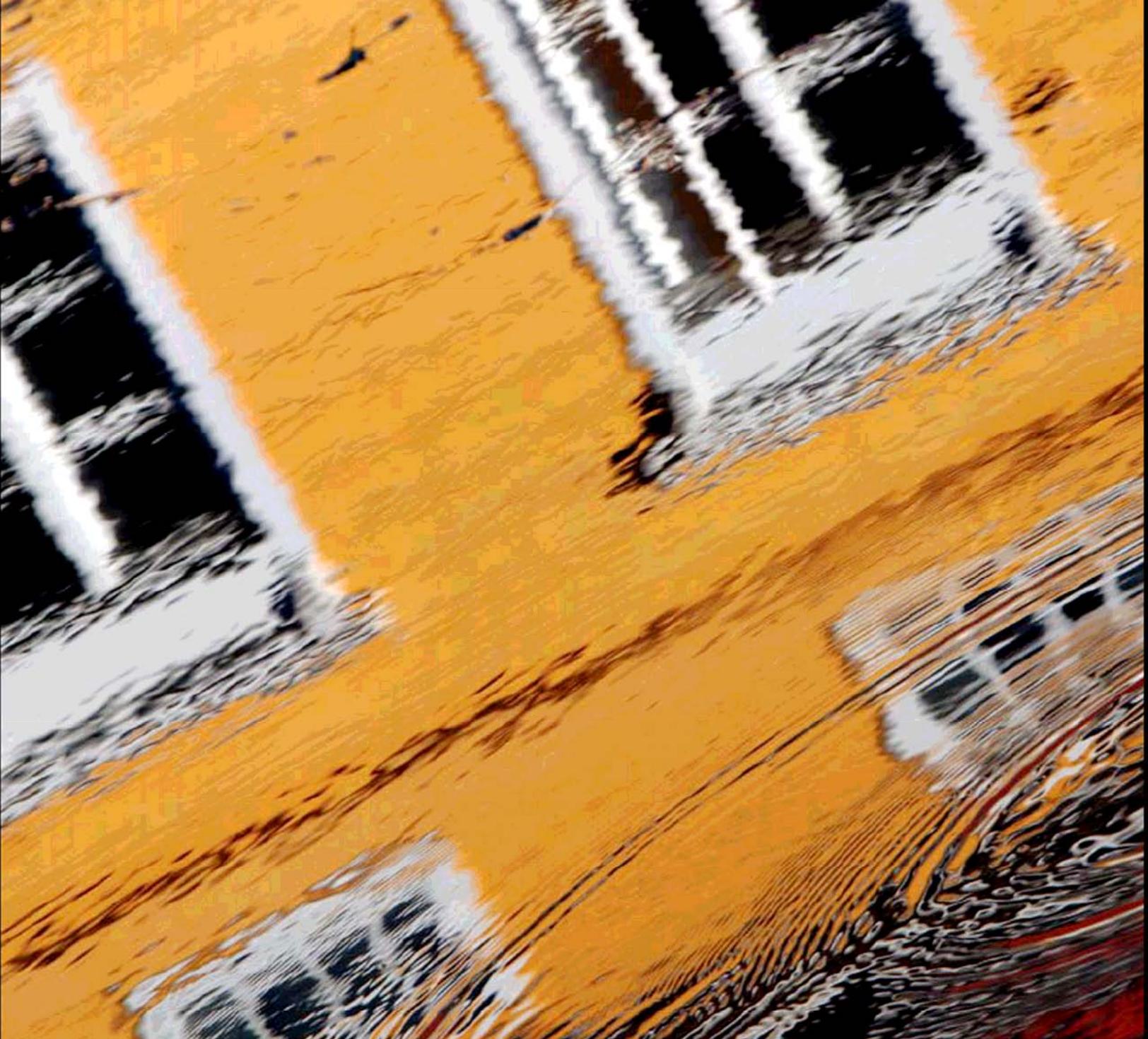
Local populations at risk must be able to recognize the signs of impending tsunami hazards and seek higher ground immediately. While distant-source tsunamis give residents more time to evacuate threatened coastal areas, they increase the need for timely and accurate assessment of the tsunami hazard to avoid costly false alarms.

Communities need to be aware of what areas are likely to be flooded. Residents need to understand the multi-hazard ramifications of very large local and distant earthquakes and their disruption to the community.

- If you are near the coastline, an earthquake may be your only warning of an approaching tsunami, so it is very important to act quickly.
- If you are at the beach and you notice the water has pulled back or run out, creating a vast expanse of exposed beach, this is a warning that a tsunami may be imminent.
- Never go to the beach to watch for or to surf a tsunami wave!

Residents need to be aware of what areas are likely to be flooded. Visit http://www.quake.ca.gov/gmaps/tsunami/tsunami_maps.htm to see if you are located within a tsunami inundation zone.





TSUNAMI WATCH

This means that a significant, distant earthquake has occurred. Tsunami approach is possible but not confirmed. Stay tuned to local radio and TV stations for information. Prepare for a possible Tsunami Warning.

TSUNAMI WARNING

This means that a tsunami approach has been confirmed. Stay tuned to local radio and TV stations for information and be prepared to evacuate, if advised to do so by local authorities.

TSUNAMI EVACUATION

Those within the evacuation advisory area should immediately make their way to higher ground. Tsunami Safe Areas may be indicated by signs placed along roads at elevations of 90 feet or more above sea level. Stay tuned to local radio and TV stations for information about local evacuation centers.

Check <http://wcatwc.arh.noaa.gov/> for current tsunami advisories

TSUNAMIS

Evacuation should **not** be automatic. Before evacuating you should determine if you are in a hazard zone and consider possible hazards that may exist along your evacuation route.

- Know if you live, work or play in a tsunami hazard zone. Visit http://www.quake.ca.gov/gmaps/tsunami/tsunami_maps.htm to see if you are located within a tsunami inundation zone.
- COUNT how long the earthquake lasts. If you feel more than 20 seconds of very strong ground shaking and are in a tsunami hazard zone, evacuate as soon as it is safe to do so.
- If you are on the beach or in a harbor and feel an earthquake—no matter how small—immediately move inland or to high ground
- GO ON FOOT. Roads and bridges may be damaged.
- Avoid downed power lines
- If evacuation is impossible, go to the third or higher floor of a sturdy building or climb a tree. This should only be used as a last resort.
- If you hear that a tsunami warning has been issued but did not feel an earthquake, get more information. Listen to the radio, television or other information sources and follow the instructions of emergency personnel.

If you are outside of a tsunami hazard zone, take no action. You are safer staying where you are.

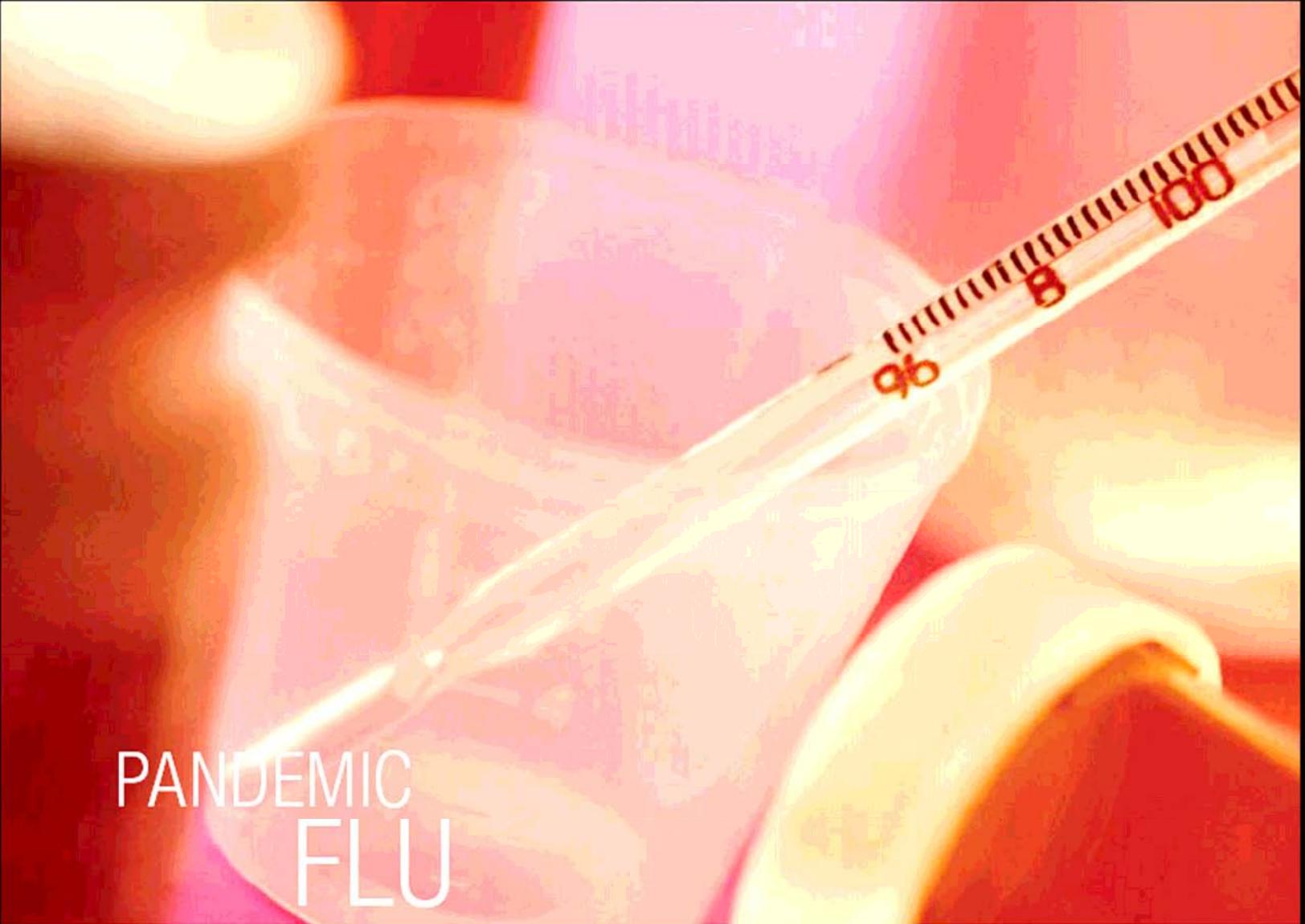
TSUNAMIS

Be Prepared

How you prepare will affect how you recover. And being prepared for earthquakes and tsunamis prepares you for all kinds of disasters.

- Learn what the recommended tsunami evacuation routes are in your city, county, and region. Identify safety zone(s) near you, and decide on your primary and secondary evacuation routes.
- If you live or work in a tsunami hazard zone, get a NOAA weather radio with the public alert feature for your home and office. It will alert you even if turned off.
- Assemble a small evacuation kit with essential documents, medications, a flashlight, a portable NOAA weather radio and batteries, water, snacks, and warm clothes. Include a silver “space blanket” in your kit – it can be used to signal your location to air search teams. Keep your evacuation kit by the door so you can “grab & go.”
- Walk your route – consider what you would do at night or in stormy weather
- Make a reunification plan with your loved ones. Decide when and where you will meet if you are separated, and what out of state relative or friend you will call if it is not possible to meet at your pre-designated reunification spot.
- Discuss plans with family, coworkers, and neighbors
- Make plans for how to address any functional needs or disabilities you might have. If you need help evacuating, prearrange assistance from neighbors, including transport of mobility devices and durable medical equipment. If you are mobility impaired, account for the extra time that you may need.
- Decide on the best strategy for protecting your pets
- Prepare to be on your own for several days or longer

Consider joining your local Community Emergency Response Team (CERT). Visit www.santacruzcountycert.org for more information.



PANDEMIC FLU

A pandemic is a global disease outbreak. A flu pandemic occurs when a new influenza virus emerges for which people have little or no immunity, and for which there is no vaccine. The disease spreads easily person-to-person, causes serious illness, and can sweep across the country and around the world in very short time.

It is difficult to predict when the next influenza pandemic will occur or how severe it will be. Wherever and whenever a pandemic starts, everyone is at risk. Countries might, through measures such as border closures and travel restrictions, delay arrival of the virus, but cannot stop it.

A pandemic may come and go in waves, each of which can last for six to eight weeks.

An especially severe influenza pandemic could lead to high levels of illness, death, social disruption, and economic loss. Everyday life would be disrupted as so many people in many places become seriously ill at the same time. Impacts can range from school and business closings to the interruption of basic services such as public transportation and food delivery.

The effects of a pandemic can be lessened if preparations are made ahead of time. Planning and preparation information and checklists are available at www.pandemicflu.gov/plan.

PANDEMIC FLU

1. You can prepare for an influenza pandemic now

- Store a two week supply of water and food. During a pandemic, if you cannot get to a store, or if stores are out of supplies, it will be important for you to have extra supplies on hand. This can be useful in other types of emergencies such as power outages.
- Periodically check your regular prescription drugs to ensure a continuous supply in your home.
- Have any nonprescription drugs and other health supplies on hand, including pain relievers, stomach remedies, cough and cold medicines, fluids with electrolytes, and vitamins.
- Talk with family members and loved ones about how they would be cared for if they got sick, or what will be needed to care for them in your home.
- Volunteer with local groups to prepare and assist with emergency response.
- Get involved in your community as it works to prepare for an influenza pandemic.



2. To limit the spread of germs and prevent infection

- Teach your children to wash hands frequently with soap and water.
- Teach your children to cover coughs and sneezes with tissues.
- Teach your children to stay away from others as much as possible, if they are sick.
- Stay home from work and school if you are sick.



PANDEMIC FLU

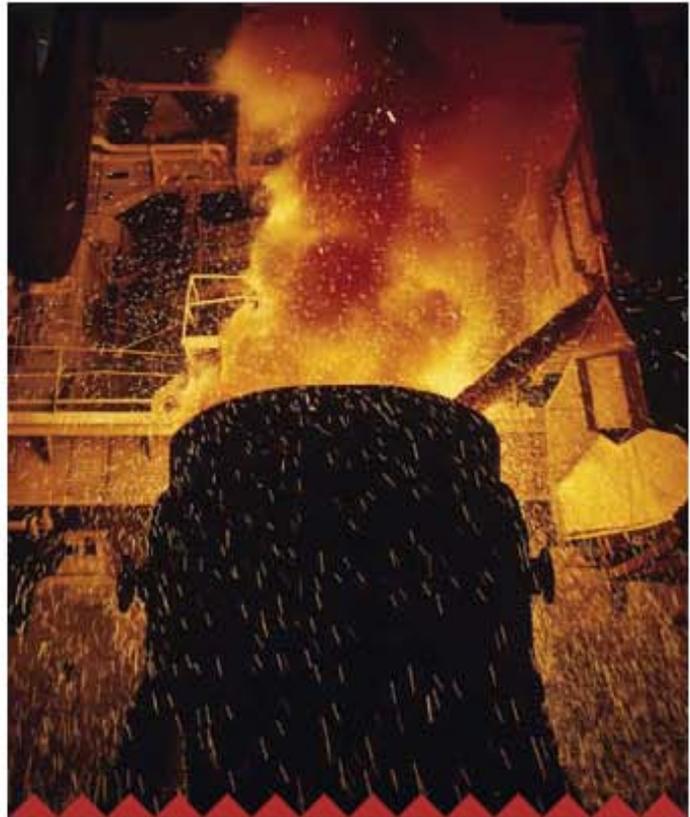
EXAMPLES OF FOOD AND NON-PERISHABLES	EXAMPLES OF MEDICAL, HEALTH, AND EMERGENCY SUPPLIES
<p>Ready-to-eat canned meats, fish, fruits, vegetables, beans, and soups</p> <p>Protein or fruit bars</p> <p>Dry cereal or granola</p> <p>Peanut butter or nuts</p> <p>Dried fruit</p> <p>Crackers</p> <p>Canned juices</p> <p>Bottled water</p> <p>Canned or jarred baby food and formula</p> <p>Pet food</p> <p>Other non-perishable items</p>	<p>Prescribed medical supplies such as glucose and blood-pressure monitoring equipment</p> <p>Soap and water, or alcohol-based (60-95%) hand wash</p> <p>Medicines for fever, such as acetaminophen or ibuprofen</p> <p>Thermometer</p> <p>Anti-diarrhea medication</p> <p>Vitamins</p> <p>Fluids with electrolytes</p> <p>Cleansing agent/soap</p> <p>Flashlight</p> <p>Batteries</p> <p>Portable radio</p> <p>Manual can opener</p> <p>Garbage bags</p> <p>Tissues, toilet paper, disposable diapers</p>



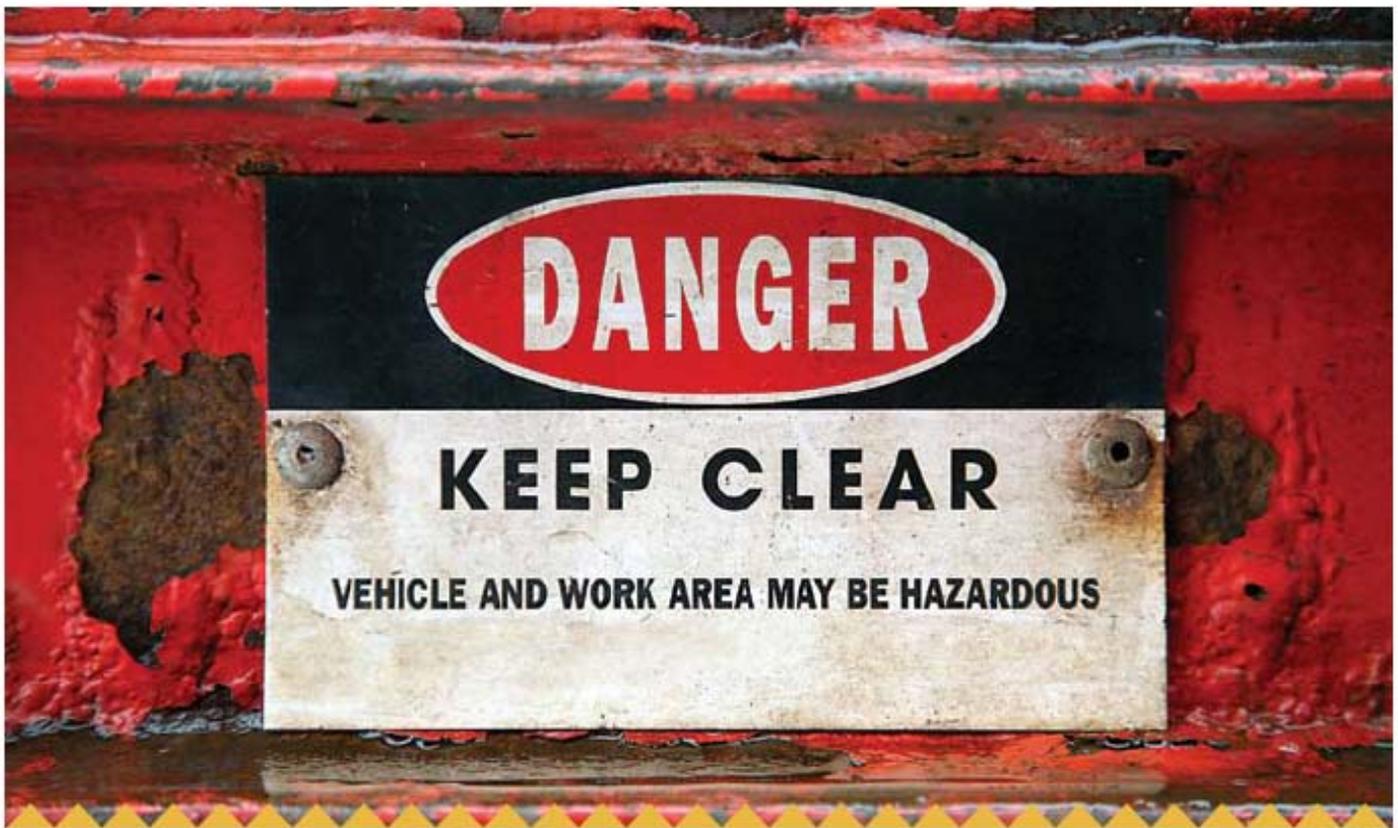
HAZARDOUS & CHEMICAL MATERIALS

Chemicals are found everywhere. They purify drinking water, increase crop production, and simplify household chores. But chemicals also can be hazardous to humans or the environment, if used or released improperly. Hazards can occur during production, storage, transportation, use, or disposal. You and your community are at risk if a chemical is used unsafely or released in harmful amounts into the environment where you live, work, or play.

Hazardous materials come in the form of explosives, flammable and combustible substances, poisons, and radioactive materials. These substances are most often released as a result of transportation accidents or because of chemical accidents in plants.



IF YOU ARE:	THEN:
<p>Asked to evacuate</p>	<ul style="list-style-type: none"> • Do so immediately. • Stay tuned to a radio or television for information on evacuation routes, temporary shelters, and procedures. • Follow the routes recommended by the authorities—shortcuts may not be safe. • Leave at once. • If you have time, minimize contamination in the house by closing all windows, shutting all vents, and turning off attic fans. • Take pre-assembled disaster supplies. • Remember to help your neighbors who may require special assistance—infants, elderly people and people with disabilities.
<p>Caught Outside</p>	<ul style="list-style-type: none"> • Stay upstream, uphill, and upwind! In general, try to go at least one-half mile (usually 8-10 city blocks) from the danger area. • Move away from the accident scene and help keep others away. • Do not walk into or touch any spilled liquids, airborne mists, or condensed solid chemical deposits. Try not to inhale gases, fumes and smoke. If possible, cover mouth with a cloth while leaving the area. • Stay away from accident victims until the hazardous material has been identified.



IF YOU ARE:	THEN:
<p>In a motor vehicle</p>	<ul style="list-style-type: none"> • Stop and seek shelter in a permanent building. If you must remain in your car, keep car windows and vents closed and shut off the air conditioner and heater.
<p>Requested to stay indoors</p>	<ul style="list-style-type: none"> • Bring pets inside. • Close and lock all exterior doors and windows. Close vents, fireplace dampers, and as many interior doors as possible. • Turn off air conditioners and ventilation systems. In large buildings, set ventilation systems to 100 percent recirculation so that no outside air is drawn into the building. If this is not possible, ventilation systems should be turned off. • Go into the pre-selected shelter room. This room should be above ground and have the fewest openings to the outside. • Seal gaps under doorways and windows with wet towels or plastic sheeting and duct tape. • Seal gaps around window and air conditioning units, bathroom and kitchen exhaust fans, and stove and dryer vents with duct tape and plastic sheeting, wax paper or aluminum wrap. • Use material to fill cracks and holes in the room, such as those around pipes. • If gas or vapors may have entered the building, take shallow breaths through a cloth or a towel. Avoid eating or drinking any food or water that may be contaminated.

HAZARDOUS MATERIALS

If you suspect a problem with hazardous materials follow these important steps and remember **RAIN**:

Recognize the danger.

Avoid the area.

Isolate the area and keep others away.

Notify authorities...Call 911.

Remember to stay **uphill, upwind, and upstream** from suspected hazardous materials.

What is a safe distance?

There is no one answer to this question. Follow the "rule of thumb": look toward the incident, hold your thumb out in front of you at arm's length. If you can still see the incident (such as an overturned tanker truck) on either side of your thumb, then you are too close. Back away from the incident until your thumb covers the entire scene.

Smoke from fires includes small particles and gases that can have adverse health effects, particularly for sensitive individuals. Exercise caution and avoid unnecessary outdoor activities, prolonged exertion in smoke impacted areas.

The elderly are more susceptible to the effects of smoke and dust. Individuals with asthma should keep their "as needed" inhalers with them at all times.

Staying indoors can somewhat reduce exposure to smoke and dust, keep doors and windows closed and run the air conditioner. Indoor air filtration devices with HEPA filters can reduce the level of particles that circulate indoors.



TERRORISM

Devastating acts of terrorism have left many concerned about the possibility of future incidents in the United States and their potential impact. They have raised uncertainty about what might happen next, increasing stress levels. There are things you can do to prepare for the unexpected and reduce the stress should another emergency arise. Taking preparatory action can reassure you and your children that you can exert a measure of control even in the face of such events.

What You Can Do

Preparedness includes many of the same steps you will take to prepare for earthquakes, flooding, fires and other disasters.



CREATE

an emergency communications plan.



ESTABLISH

a meeting place.



ASSEMBLE

a disaster supplies kit.



What Could Happen

There can be significant numbers of casualties and/or damage to buildings and infrastructures.

Heavy law enforcement involvement at local, state and federal levels follows a terrorist attack due to the event's criminal nature.

Health and mental health resources in the affected communities may be strained to their limits, even overwhelmed.

Extensive media coverage, strong public fear and international implications and consequences can continue for a prolonged period.

Workplaces and schools may be closed, and there may be restrictions on domestic and international travel.

You and your family or household may have to evacuate an area, avoiding roads blocked for your safety.

Clean-up may take many months.

Additional Positive Steps You Can Take

Remember that young children watching televised reports do not realize that it is repeated video footage, and think the event is happening again and again. Adults may also need to give themselves a break from watching disturbing footage. You may want to make some arrangements to take turns listening to the news with other adult members of your household.

People who may have come into contact with a biological or chemical agent may need to go through a decontamination procedure and receive medical attention. Listen to the advice of local officials on the radio or television to determine what steps you will need to take to protect yourself and your family. As emergency services will likely be overwhelmed, only call 9-1-1 about life-threatening emergencies.

Listen to local authorities

If local authorities ask you to leave your home, they have a good reason to make this request, and you should heed the advice immediately. Listen to your radio or television and follow the instructions of local emergency officials and keep these simple tips in mind.

- Your local authorities will provide you with the most accurate information specific to an event in your area. Staying tuned to local radio and television, and following their instructions is your safest choice.
- If you are advised by local officials to "shelter in place"
- Remain inside your home or office and protect yourself there.
- Close and lock all windows and exterior doors.
- Turn off all fans, heating and air conditioning systems.
- Close the fireplace damper. Get your disaster supplies kit, and make sure the radio is working.
- Go to an interior room without windows that's above ground level.
- In the case of a chemical threat, an above-ground location is preferable because some chemicals are heavier than air, and may seep into basements even if the windows are closed.
- Using duct tape, seal all cracks around the door and any vents into the room.
- Keep listening to your radio or television until you are told all is safe or you are told to evacuate.
- Local officials may call for evacuation in specific areas at greatest risk in your community.

BASIC FIRST AID

Your first concern after a disaster is your family's health and safety. You need to consider possible safety issues and monitor family health and well-being. The following information should be used as a reminder – sign up for First Aid and CPR training through your local Red Cross Chapter. Find your local chapter online at www.redcross.org.

AIDING THE INJURED

Check for injuries. Do not attempt to move seriously injured persons unless they are in immediate danger of death or further injury. If you must move an unconscious person, first stabilize the neck and back, then call for help immediately.

- If the victim is not breathing, carefully position the victim for artificial respiration, clear the airway, and commence mouth-to-mouth resuscitation.
- Maintain body temperature with blankets. Be sure the victim does not become overheated.
- Never try to feed liquids to an unconscious person.

HEALTH

- Be aware of exhaustion. Don't try to do too much at once. Set priorities and pace yourself. Get enough rest.
- Drink plenty of clean water and eat well. Wear sturdy work boots and gloves.
- Wash your hands thoroughly with soap and clean water often when working in debris.

SAFETY ISSUES

- Be aware of new safety issues created by the disaster. Watch for washed out roads, contaminated buildings, contaminated water, gas leaks, broken glass, damaged electrical wiring, and slippery floors.
- Inform local authorities about health and safety issues, including chemical spills, downed power lines, washed out roads, smoldering insulation, and dead animals.





CHOKING

If the person is unable to speak, cough, or breathe, call 911. If the problem is resolved, you can call back and cancel.

1. Identify yourself and ask if you can help the victim. They can nod “yes” or shake their head “no”.
2. Stand behind the person.
3. Place the thumb side of your fist against the middle of the abdomen just above the navel.
4. Grasp your fist with your other hand.
5. Give quick upward thrusts.
6. Repeat until the object is coughed up. Stop if the person becomes unconscious.

HEAD, BACK AND/OR NECK INJURIES

For Severe Pain or Pressure in the Head, Neck, or Back.

1. Check the scene first to ensure your safety, and then check the victim.
 - Identify yourself and ask the victim if you can help.
 - Apply basic precautions to prevent disease transmission.
2. If you think the victim has a head, neck, or back injury call, or have someone else call, 911.
3. Minimize movement of the head, neck, and back.
 - Place your hands on both sides of the victim’s head and support and maintain the victim’s head in the position you found it.
 - If the head is sharply turned to one side, do not try to align it.
 - Remember – support the victim’s head as you find it.

SHOCK

1. Check the scene first to ensure your safety, and then check the victim.
2. Cover the victim and keep her/him lying down. Cover only enough to keep her/him from losing body heat.
3. Do not give food or water.
4. Raise feet.
5. Obtain medical help as soon as possible.

CONTROLLING BLEEDING

For an Open Wound

1. Check the scene first and then check the victim.
 - Identify yourself and ask the victim if you can help. Apply basic precautions to prevent disease transmission.
2. Cover wound with dressing.
 - Press firmly against the wound (direct pressure).
3. Cover the dressing with a roller bandage.
 - Tie the knot directly over the wound.
4. Elevate the injured area.
 - Keep the wound above the level of the heart (only when you suspect that a bone is not broken).
5. If bleeding does not stop:
 - Apply additional dressing and bandages.
 - Use a pressure point to squeeze the artery against the bone.
 - Call or have someone else call 911.



APPLYING A SLING TO AN ARM OR SHOULDER

1. Check the scene first and then check the victim.
 - Ask the victim if you can help.
 - Apply basic precautions to prevent disease transmission.
2. If the victim is unable to move or use an injured arm call, or have some else call 911.
3. Support the injured arm above and below the site of injury.
4. Check for feeling, warmth and color below the injured area.
5. Place the sling
 - Leave the arm in the position you find it.
 - Place a triangular bandage under the injured arm and over the injured shoulder to form a sling.
6. Tie the ends of the sling at the side of the neck.
 - TIP: Place pads of gauze under the knots to make it more comfortable for the victim.
7. Secure the injured area.
 - Secure the arm to the chest with a folded triangular bandage
8. Recheck for feeling, warmth, and color below the injured area.



GLOSSARY

Amateur Radio (HAM) Operator

Amateur radio operator.

AWARE

Alert, Well-prepared And Ready for Emergencies, a guide for creating community and neighborhood emergency plans. Available free online at www.espfocus.org.

Board of Supervisors

The five-member Board of Supervisors represents the governing body of the County of Santa Cruz. Members are elected by voters in their respective districts.

Brush Clearance

Best practice for creating “defensible space” for effective fire protection of nonertv, life and the environment. |

Community Based Organization (CBO)

Community organizations that provide assistance to individuals, families, and special needs populations, before, during and often after an emergency or disaster.

Community Emergency Response Team (CERT)

An all-risk, all-hazard training available to residents and designed to help you protect yourself, your family, your neighbors and your neighborhood in an emergency situation. Training commitment ranges between 17-24 hours for the nationally-approved course of instruction

Cardio Pulmonary Resuscitation (CPR)

Cardiopulmonary resuscitation (CPR) is a procedure used when a patient’s heart stops beating and breathing stops. It can involve compressions of the chest or electrical shocks along with rescue breathing. For more information on training opportunities, visit your local Red Cross Chapter www.redcross.org.

Catastrophic Disaster

A disaster that has extraordinary levels of mass casualties, damages or disruption which severely affects population, infrastructure, environment, the economy or government functions and which requires extraordinary and sustained levels of resources and skills for recovery.

Communications Plan

A plan that describes how you will communicate with others after a disaster. Contact information for members of your household and your out-of-state contacts.

Contact List

A list of family members, staff and out-of state key partners in a crisis. The list should include home phone numbers, pager numbers, cell phone numbers, etc.

Critical Records

Records or documents that, if damaged, destroyed, or lost, would cause considerable inconvenience and/or would require replacement or recreation at considerable expense to the organization.

Disaster Kit

A Disaster Supply Kit is a pre-assembled group of items that will improve the health and safety of your family during a disaster.

Damage Assessment

The process used to appraise or determine the number of injuries and human loss, damage to public and private property, and the status of key facilities and services resulting from a natural or human-caused disaster or emergency.

Disaster

An unanticipated incident or event, including natural catastrophes, technological accidents, or human-caused events, causing widespread destruction, loss, or distress to an organization that may result in significant property damage, multiple injuries, or deaths.

Disaster Recovery

Steps taking during and after an emergency or disaster intended to restore normalcy. Recovery typically begins immediately once the emergency stabilizes. Full recovery from a major disaster usually takes years.

Disaster Response

Immediately following a disaster, priorities are protecting life and property, and meeting human needs such as water, food, shelter, and medical assistance.

Drop, Cover and Hold On

Protocol that when performed correctly with an awareness of your surroundings, remains the most effective single piece of advice that you can follow when an earthquake occurs. For more information on Drop, Cover and Hold On, visit www.earthquakecountry.info.

EarthquakeCountry.info

This website contains information, videos and animations to help residents prepare for earthquakes. The handbook *Putting Down Roots in Earthquake Country* is available at www.earthquakecountry.info; a Spanish-language version can be found at www.terremotos.org.

Emergency

An unforeseen incident or event that happens unexpectedly and demands immediate action and intervention to minimize potential losses to people, property, or profitability.

Emergency Alert System

The Emergency Alert System (EAS) can address the entire nation on very short notice in case of a grave threat or national emergency.

Emergency Preparedness

Governments, organizations, and individuals develop plans to save lives, minimize disaster damage, and enhance disaster response.

Evacuation

Organized, phased, and supervised dispersal of people from dangerous or potentially dangerous areas.

Evacuation Routes

Roads and highways identified by law enforcement to evacuate individuals out of harm's way to a safe area or shelter. Evacuation Routes may be identified verbally during an Evacuation Order or pre-designated in a written plan.

Evacuation Order

A directive from the Sheriff or Fire departments to leave your home or business immediately. Failure to follow an Evacuation Order may result in endangerment to the lives of others, personal injury, or death. Once you have left the area you will not be able to return until the Order has been lifted.

Evacuation Warning

Voluntary Evacuation means that it is time to prepare to leave your home and the area. Gather your family, pets, basic necessities and important paper work and listen for instructions from emergency responders. If you have special medical needs or have limited mobility, you should prepare to leave the area when an Evacuation Warning is issued.

Evacuation Shelter

May be set up by the Red Cross at the request of the County if an area must be evacuated for an extended amount of time. The location for an evacuation shelter will be announced by local officials once a safety assessment is complete and the shelter is ready to accept those affected by the evacuation.

Federal Emergency Management Agency

Agency of the US government tasked with Disaster Mitigation, Preparedness, Response and Recovery planning. Also administers various grant programs after a disaster.



FEMA

Fire Escape Plan

A step-by-step plan of your residence that shows at least two ways to escape in case of fire.

First Aid Kit

A well-stocked first-aid kit, kept within easy reach, is a necessity in every home. Having supplies gathered ahead of time will help you handle an emergency at a moment's notice. Keep one first-aid kit in your home and one in each car. Also be sure to bring a first-aid kit on family vacations.

Flash Flood Watch

A flash flood is possible in your area.

Flash Flood Warning

A flash flood is occurring or will occur very soon in your area.

Family Emergency Plan

A plan that ensures that each member of your household is well-informed on potential hazards and knows what to do in case of an emergency. Family plans should include: escape routes, evacuation plans, family communications, utility shut-offs, safety precautions, pet care and insurance and vital records information.

FRS Radio

Family Radio Service radios are a relatively inexpensive means of communicating in the event of a major disaster when phone service will likely be interrupted. Using FRS radios, you can communicate with your immediate neighborhood to assess damage and injuries and determine where resources are needed.

Hazard Mitigation

Any action taken to reduce or eliminate the long-term risk to human life and property from natural hazards.

Meals Ready to Eat (MRE)

Meals ready to eat are foods that are already available for consumption. These are packaged food designed to have a long shelf life. They are also designed to require very little preparation work. Therefore, these meals are perfect for emergency survival preparation such as earthquakes, floods, hurricanes, tornadoes and other natural disasters. These rations will be able to sustain individuals for a period of time until long-term relief aid comes.



Neighborhood Watch

A neighborhood watch (also called a crime watch or neighborhood crime watch) is an organized group of citizens devoted to crime and vandalism prevention within a neighborhood.

Neighborhood Networks

Neighbors coming together before a disaster to learn about each other and plan for neighborhood response and recovery after a disaster.

NOAA Weather Radio (MWR) All Hazards

A nationwide network of radio stations broadcasting continuous weather information directly from the nearest National Weather Service office. NWR broadcasts official Weather Service warnings, watches, forecasts and other hazard information 24 hours a day, 7 days a week.

Pandemic Flu

A pandemic is a global disease outbreak. A flu pandemic occurs when a new influenza virus emerges for which people have little or no immunity and for which there is no vaccine. The disease spreads easily person-to-person, causes serious illness, and can sweep across the country and around the world in a very short time.

Phone Tree

A list of phone numbers provided to a group; notification by phone is started by the first person and continued until everyone has been notified.

RAIN

If you suspect a problem with hazardous materials; Recognize the danger, Avoid the area, Isolate the area and keep others away, Notify authorities – then call 911. Remember to stay uphill, upwind and upstream.

Red Flag

A Red Flag Warning is a forecast warning issued by the United States National Weather Service to inform area firefighting and land management agencies that conditions are ideal for wildland fire ignition and propagation. Red Flag Warning means high fire danger with increased probability of a quickly spreading vegetation fire in the area within 24 hours.

Shelter-in-Place

Securing and protecting people and assets in the general area in which a crisis occurs. If authorities advise you to shelter-in-place you should turn off air conditioner and fan units, seal the gaps around windows and doors and listen to the radio for authorities to announce that the threat has passed. Do not venture out of your shelter area until you have been instructed that it is safe to do so.

Small Business Administration (SBA)

SBA provides low interest disaster loans to homeowners, renters, businesses of all sizes and private, non-profit organizations to repair or replace real estate, personal property, machinery & equipment, inventory and business assets that have been damaged or destroyed in a declared disaster. Additionally, SBA provides economic injury loans (operating capital) to businesses impacted by a disaster.

Survival Area

An area designated for individuals to find refuge during a large wildland fire. Survival Areas should be used only if residents cannot evacuate to a safe area; they are usually safer than sheltering in a home in highly vegetated areas and are safer than sheltering in a vehicle.

Vital Records

Records of life events including birth certificates, marriage licenses, and death. Can also include contracts or agreements that prove ownership of property, equipment, vehicles, products, etc.

Wildland Fire

A wildfire is any uncontrolled, non-structure fire that occurs in the wilderness, wildland, or bush. Wildfires differ from other fires by its extensive size; the speed at which it spreads out from its original source; its ability to change direction unexpectedly; and to jump gaps, such as roads, rivers and fire breaks. Wildfires generally do not involve properties; however, with extensive urbanization of wilderness, they can cause extensive destruction of homes and other property located in the wildland-urban interface, a zone of transition between developed areas and undeveloped wilderness.

The Santa Cruz County Public Health Department gratefully acknowledges the assistance of Los Angeles County in the development and creation of this Emergency Survival Guide.

DISCLAIMER

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